

ASSESSMENT RECORD FOR DEPARTMENT

Exercise and Sport Sciences

2007-2008	(Academic Department Name)	December 20, 2008
(Period Covered)		(Date Submitted)

Assessment reports are included for the instructional programs listed below:

Instructional Degree Program¹

Degree Information²

Health
Health

BA	Major
BA	Minor

¹Specify semester/year program started if within the past three years of submission of this assessment record.

²Specify degree under level (B.S., M.A., etc.) and whether entry is for major or minor; example entry - level: Bachelor of Science, major/minor: minor.

Submitted By: _____
(Program Chair) (Assessment Coordinator)

ASSESSMENT REPORT FOR:

<u>Health</u> (Instructional Degree Program)	<u>BA Major</u> (Degree Level) (Major or Minor)
<u>2007-2008</u> (Period Covered)	<u>December 20, 2008</u> (Date Submitted)

MISSION AND GOALS

Institutional Mission:

“...challenging academic programs create and promote an environment in which all students are encouraged to reach their full potential.”

Department’s/Program’s Goal(s) in Support of Institutional Mission:

“The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.”

Intended Educational (Student) Outcomes:

1. Demonstrate knowledge of health science, including holistic philosophy.
2. Demonstrate comprehension of processes involved with teaching or promoting health.
3. Write a research paper using scientific content, methods, and consistent format.

ASSESSMENT REPORT FOR

Health

(Instructional Degree Program)

BA Major

(Degree Level) (Major or Minor)

2007-2008

(Period Covered)

December 20, 2008

(Date Submitted)

Note: Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

Intended Educational Outcome 1

1. Demonstrate knowledge of health science, including holistic philosophy.

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- A majority of graduating students receive a GPA of 3.0 or above in the Health major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This major has three concentration areas: Health Promotion and Wellness, Health Education, and Pre-Professional Health.

A. DATA RESULTS: Summarize results from data collected.

In the AY 2007-2008, 6 students graduated in Health. For these students, the average GPA was 3.65.

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department’s generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

Intended Educational Outcome 2

2. Demonstrate comprehension of processes involved with teaching or promoting health.

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- a majority of students receive a GPA a 30/40 or above on the final papers in Health 380 and Health 351.

A. DATA RESULTS: Summarize results from data collected.

Health 351 was taught in the Spring of 2008. 10 students enrolled in the class with the average grade on the final paper being 35/40.

Health 380 was taught in the Spring of 2008. 13 students enrolled in the class with the average grade on the final paper being 35/40.

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department's generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

Intended Educational Outcome 3

3. Write a research paper using scientific content, methods, and consistent format.

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- a majority of students receive a 30/40 or above on the final paper in Health 489 (capstone course).

A. DATA RESULTS: Summarize results from data collected.

Health 489 was taught in the Fall of 2008. 19 students enrolled in the class. On the final project, 17 students received A's and 2 students received F's.

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department's generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

ASSESSMENT REPORT FOR:

<u>Health</u> (Instructional Degree Program)	<u>BA</u> <u>Minor</u> (Degree Level) (Major or Minor)
<u>2007-2008</u> (Period Covered)	<u>December 20, 2008</u> (Date Submitted)

MISSION AND GOALS

Institutional Mission:

“...challenging academic programs create and promote an environment in which all students are encouraged to reach their full potential.”

Department's/Program's Goal(s) in Support of Institutional Mission:

“The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.”

Intended Educational (Student) Outcomes:

- 1. Demonstrate a complete understanding of the comprehensive knowledge of Health.**
- 2. Demonstrate comprehension of processes involved with teaching or promoting health.**

ASSESSMENT REPORT FOR

<u>Health</u> (Instructional Degree Program)	<u>BA Minor</u> (Degree Level) (Major or Minor)
<u>2007-2008</u> (Period Covered)	<u>December 20, 2008</u> (Date Submitted)

Note: Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

Intended Educational Outcome 1

1. Demonstrate an understanding of the comprehensive knowledge of Health

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- A majority of graduating students receive a GPA of 3.0 or above in Health minor coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program.

A. DATA RESULTS: Summarize results from data collected.

No students graduated with a minor in health during the AY 2007-2008.

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department’s generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

ASSESSMENT REPORT FOR

<u>Health</u> (Instructional Degree Program)	<u>BA</u> <u>Minor</u> (Degree Level) (Major or Minor)
<u>2007-2008</u> (Period Covered)	<u>December 20, 2008</u> (Date Submitted)

Note: Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

Intended Educational Outcome 2

2. Demonstrate comprehension of processes involved with teaching or promoting health.

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- A majority of students receive a 30/40 on the final papers in Health 380 and Health 351

A. DATA RESULTS: Summarize results from data collected.

No students graduated with a health minor in the AY 2007-2008

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department's generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

