

# ASSESSMENT RECORD FOR DEPARTMENT

## Exercise and Sport Sciences

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(Academic Department Name)

**2007-2008**

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**December 20, 2008**

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(Period Covered)

(Date Submitted)

Assessment reports are included for the instructional programs listed below:

**Instructional Degree Program<sup>1</sup>**

**Health**

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**Health**

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**Degree Information<sup>2</sup>**

**BA      Major**

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**BA      Minor**

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<sup>1</sup>Specify semester/year program started if within the past three years of submission of this assessment record.

<sup>2</sup>Specify degree under level (B.S., M.A., etc.) and whether entry is for major or minor; example entry - level: Bachelor of Science, major/minor: minor.

Submitted By:

**(Program Chair)**

**(Assessment Coordinator)**

# **ASSESSMENT REPORT FOR:**

<b>Health</b> <hr/> <b>(Instructional Degree Program)</b>	<b>BA</b> <hr/> <b>(Degree Level)</b>	<b>Major</b> <hr/> <b>(Major or Minor)</b>
<b>2007-2008</b> <hr/> <b>(Period Covered)</b>	<b>December 20, 2008</b> <hr/> <b>(Date Submitted)</b>	

## **MISSION AND GOALS**

### **Institutional Mission:**

**“...challenging academic programs create and promote an environment in which all students are encouraged to reach their full potential.”**

### **Department's/Program's Goal(s) in Support of Institutional Mission:**

“The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.”

### **Intended Educational (Student) Outcomes:**

- 1. Demonstrate knowledge of health science, including holistic philosophy.**
- 2. Demonstrate comprehension of processes involved with teaching or promoting health.**
- 3. Write a research paper using scientific content, methods, and consistent format.**

# ASSESSMENT REPORT FOR

<b>Health</b> <hr/> (Instructional Degree Program)	<b>BA      Major</b> <hr/> (Degree Level) (Major or Minor)
<b>2007-2008</b> <hr/> (Period Covered)	<b>December 20, 2008</b> <hr/> (Date Submitted)

**Note:** Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

## Intended Educational Outcome 1

1. Demonstrate knowledge of health science, including holistic philosophy.

### First Means of Assessment for the Above Outcome

**A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.**

- A majority of graduating students receive a GPA of 3.0 or above in the Health major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This major has three concentration areas: Health Promotion and Wellness, Health Education, and Pre-Professional Health.

**A. DATA RESULTS: Summarize results from data collected.**

In the AY 2007-2008, 6 students graduated in Health. For these students, the average GPA was 3.65.

**A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.**

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department’s generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

## **Intended Educational Outcome 2**

**2. Demonstrate comprehension of processes involved with teaching or promoting health.**

### **First Means of Assessment for the Above Outcome**

**A. Means of Assessment and Criteria for Success:** Describe assessment data, methods for collecting data, and criteria for successful performance.

- a majority of students receive a GPA a 30/40 or above on the final papers in Health 380 and Health 351.

**A. DATA RESULTS:** Summarize results from data collected.

Health 351 was taught in the Spring of 2008. 10 students enrolled in the class with the average grade on the final paper being 35/40.

Health 380 was taught in the Spring of 2008. 13 students enrolled in the class with the average grade on the final paper being 35/40.

**A. USE OF RESULTS:** Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department's generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

## **Intended Educational Outcome 3**

- 3. Write a research paper using scientific content, methods, and consistent format.**

### **First Means of Assessment for the Above Outcome**

**A. Means of Assessment and Criteria for Success:** Describe assessment data, methods for collecting data, and criteria for successful performance.

- a majority of students receive a 30/40 or above on the final paper in Health 489 (capstone course).

**A. DATA RESULTS:** Summarize results from data collected.

**Health 489 was taught in the Fall of 2008. 19 students enrolled in the class. On the final project, 17 students received A's and 2 students received F's.**

**A. USE OF RESULTS:** Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department's generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

## **ASSESSMENT REPORT FOR:**

<b>Health</b> <hr/> <b>(Instructional Degree Program)</b>	<b>BA</b> <hr/> <b>(Degree Level)</b>	<b>Minor</b> <hr/> <b>(Major or Minor)</b>
<b>2007-2008</b> <hr/> <b>(Period Covered)</b>		<b>December 20, 2008</b> <hr/> <b>(Date Submitted)</b>

### **MISSION AND GOALS**

#### **Institutional Mission:**

**“...challenging academic programs create and promote an environment in which all students are encouraged to reach their full potential.”**

#### **Department's/Program's Goal(s) in Support of Institutional Mission:**

“The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.”

#### **Intended Educational (Student) Outcomes:**

- 1. Demonstrate a complete understanding of the comprehensive knowledge of Health.**
- 2. Demonstrate comprehension of processes involved with teaching or promoting health.**

# ASSESSMENT REPORT FOR

<b>Health</b> <hr/> (Instructional Degree Program)	<b>BA      Minor</b> <hr/> (Degree Level) (Major or Minor)
<b>2007-2008</b> <hr/> (Period Covered)	<b>December 20, 2008</b> <hr/> (Date Submitted)

**Note:** Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

## Intended Educational Outcome 1

### 1. Demonstrate an understanding of the comprehensive knowledge of Health

#### First Means of Assessment for the Above Outcome

**A. Means of Assessment and Criteria for Success:** Describe assessment data, methods for collecting data, and criteria for successful performance.

- A majority of graduating students receive a GPA of 3.0 or above in Health minor coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program.

**A. DATA RESULTS:** Summarize results from data collected.

No students graduated with a minor in health during the AY 2007-2008.

**A. USE OF RESULTS:** Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department’s generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

# ASSESSMENT REPORT FOR

<b>Health</b> <hr/> (Instructional Degree Program)	<b>BA</b> <hr/> (Degree Level)	<b>Minor</b> <hr/> (Major or Minor)
<b>2007-2008</b> <hr/> (Period Covered)	<b>December 20, 2008</b> <hr/> (Date Submitted)	

**Note:** Provide the following information for each outcome from the previous page.  
Enlarge the space under each category as needed.

## Intended Educational Outcome 2

2. Demonstrate comprehension of processes involved with teaching or promoting health.

### First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- A majority of students receive a 30/40 on the final papers in Health 380 and Health 351

**A. DATA RESULTS:** Summarize results from data collected.

No students graduated with a health minor in the AY 2007-2008

**A. USE OF RESULTS:** Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

In the Spring of 2008, the Department of Exercise and Sport Sciences concluded a comprehensive program review. Results of past outcomes assessments results, as well as analysis of the department's generated FTE, class size, and faculty resources, significant changes were adopted in this program. A new plan will be developed in the Spring of 2009 to reflect these changes.

