

ASSESSMENT RECORD FOR
DEPARTMENT

Exercise and Sport Sciences

2009-2010	(Academic Department Name)	Fall 2010
(Period Covered)		(Date Submitted)

Assessment reports are included for the instructional programs listed below:

Instructional Degree Program¹

Degree Information²

Health

BA Major

¹Specify semester/year program started if within the past three years of submission of this assessment record.

²Specify degree under level (B.S., M.A., etc.) and whether entry is for major or minor; example entry - level: Bachelor of Science, major/minor: minor.

Submitted By:

(Program Chair)

(Assessment Coordinator)

ASSESSMENT REPORT FOR:

Health

(Instructional Degree Program)

2009-2010

(Period Covered)

BA Major

(Degree Level) (Major or Minor)

Fall 2010

(Date Submitted)

MISSION AND GOALS

Institutional Mission:

“Education through teaching, service, and research.”

Department’s/Program’s Goal(s) in Support of Institutional Mission:

“The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.”

Intended Educational (Student) Outcomes:

1. Demonstrate a mastery of content knowledge in their appropriate discipline (content).
2. Demonstrate the ability to use technology to enhance professional productivity (technology).
3. Demonstrate effective interpersonal communication skills (effective communication).
4. Demonstrate critical and reflective practices (critical and reflective thinking).

ASSESSMENT REPORT FOR

Health

(Instructional Degree Program)

2009-2010

(Period Covered)

BA Major

(Degree Level) (Major or Minor)

January 2011

(Date Submitted)

Note: Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

Intended Educational Outcome 1

- 1. Demonstrate a mastery of content knowledge in their appropriate discipline (content).**

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- A majority of graduating students receive a GPA of 3.0 or above in Health major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in health education, health promotion and wellness, pre-professional health, and pre-professional athletic training.

A. DATA RESULTS: Summarize results from data collected.

The overall GPA was 3.08, 3.37, and 3.25, respectively for Health Teaching, Pre-professional health, and health promotion and wellness students. No students graduated in Pre-Professional Athletic Training.

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results, so no changes were made. We changed the name of our Pre-Professional Health track to Pre-Professional Allied Health.

Intended Educational Outcome 2

2. Demonstrate the ability to use technology to enhance professional productivity (technology).

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- 1. Health Education students: HLTH 402, majority of the students get at least 80% on two presentations to the class.**
- 2. Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado.**
- 3. Pre-professional Health students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado**
- 4. Pre-professional Athletic Training students: HLTH 370, HLTH410, HLTH 411, majority of the students pass the lab portion of this class with at least an 80%.**

A. DATA RESULTS: Summarize results from data collected.

- 1. 85% of students received an 80% or above on the HPS 402 presentations.**
- 2. 100% of students passed the laboratory portion of HPS 489.**
- 3. 100% of students passed the laboratory portion of HPS 489.**
- 4. 25% of students passed the HPS 370 laboratories with an 80% or above.**

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results and therefore, no changes are proposed.

Intended Educational Outcome 3

3. Demonstrate effective interpersonal communication skills (effective communication).

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- 1. Health Education students: HLTH 151, majority of the students get an average of at least 70% on various response papers; HLTH 402, majority of the students get at least 80% on two PowerPoint presentations.**
- 2. Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado.**
- 3. Pre-professional Health students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. HPS 376, a majority of students receive a 24/30 on papers and presentations.**
- 4. Pre-professional Athletic Training students: HLTH 411. Majority of the students receive at least an 80% on final presentation and paper.**

A. DATA RESULTS: Summarize results from data collected.

- 1. 80% of students in Health 151 received a 70% or above. 85% of students in Hlth 402 received an 80% or above.**
- 2. 100% of students passed the laboratory portion of Hlth 489.**
- 3. 100% of students passed the laboratory portion of Hlth 489. 85% of students received an 80% or above on their paper/presentation in HPS 376.**
- 4. 67% of students passed their presentations in HPS 370 with an 80% or above.**

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results and therefore, no changes are proposed. The criteria were changed to 80% or above from 24/30 because of our use of individual course rubrics.

Intended Educational Outcome 4

4. Demonstrate critical and reflective practices (critical and reflective thinking).

First Means of Assessment for the Above Outcome

A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.

- 1. Health Education students: HLTH 151, majority of the students get an average of at least 70% on various response papers; HLTH 402, majority of the students get at least 80% on two PowerPoint presentations.**
- 2. Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado.**
- 3. Pre-professional Health students: HLTH 402, majority of the students get at least 80% on two PowerPoint presentations. HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado.**
- 4. Pre-professional Athletic Training students: HLTH 311 majority of the students receive at least an 80% in the class.**

A. DATA RESULTS: Summarize results from data collected.

- 1. 80% of students in Health 151 received a 70% or above. 85% of students in Hlth 402 received an 80% or above.**
- 2. 100% of students passed the laboratory in Hlth 489.**
- 3. 85% of students received an 80% or above on their presentations in Hlth 402. 100% of students passed the laboratory in Hlth 489.**
- 4. 67% of students received an 80% or above in the Hlth 311 course.**

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results and therefore, no changes are proposed. The criteria were changed to 80% or above from 24/30 because of our use of individual course rubrics.