NMHU Students: Kick Off Your Career with Internships and Full-Time Jobs

By Jesse Gallegos
NMHU Career Advisor

A few years ago, I came across one of the simplest explanations of why students attend college—to achieve a great career in a field they enjoy and have a wonderful quality life for themselves and their family.

It’s not fancy wording, but it’s true.

New Mexico Highlands University students have an opportunity to begin exploring their interests at this year’s Career and Internship Fair on Wednesday, Nov. 4. We expect close to 40 employers to be there. More importantly, we want our students to take advantage of this well-organized and fascinating event.

Think about it; it’s almost like a one-stop shop. Several dozen recruiters will be on campus for a day eager to meet with students about potential employment.

This informal setting is a perfect place to learn more about job and internship opportunities offered by several companies and government agencies. Don’t sell yourself short. Many of these employers will be looking for students in a specific major, however, a large portion of them are interested in students from any major.

I’ve had the pleasure to meet with many students over the course of the last three weeks encouraging them to take part in this. One of the first things I tell them is not to be intimidated. There is no reason to. At the end of the day, students have everything to gain and nothing to lose.

Ultimately, our goal is for all of our students to be on a positive career path. In addition, the experience and confidence gained on this day will lead you to a bigger and brighter future.

Here are a few prep tips to consider:

• **Game plan:** select and research employers of interest @ www.nmhu.edu/careerfairs.

• **Questions:** make a list of insightful questions to ask your employers of interest.

• **Your famous elevator pitch:** practice your self-introduction to include your education, career interests, experience/skills, and interest in the company.

• **Make your résumé POP:** visit our office.

• **Dress to impress:** prep your business suit or dress your best to make a good first impression.

• **Workshop:** attend a career fair success presentation or visit the friendly career advising staff for more tips...

**What:** NMHU Career and Internship Fair
**Where:** NMHU Student Union Ballroom
**When:** 10 a.m. to 2:30 p.m.
**Wednesday, Nov. 4**
**Why:** To learn more about summer jobs, paid internships and career opportunities
Career Fair Success Workshops
Presented by your Career Peer Advisors of the NMHU Career Services Center

Attend any of the following 30-minute workshops to learn from your peers on how to best prepare and stand out for the Career and Internship Fair, scheduled Wednesday, Nov. 4, from 10 a.m. to 2:30 p.m., at the Student Union Ballroom. Workshop topics include: researching employers, creating your famous “elevator pitch,” dressing professionally, asking the right questions, following up with an employer, creating a professional résumé, and more…

The first 50 workshop attendees will each receive a 4GB USB drive, compliments of the NMHU/Follett Bookstore. And because your future is so bright, the first 500 students to the career fair will receive HU sunglasses, thanks to the NMHU Foundation.

- Friday, Oct. 16, 12 p.m., Hilton Science Center 271A
  Televised: ABQ1, Farmington 209, Rio Rancho 128
- Thursday, Oct. 22, 1 p.m., Sininger Hall 100
  Televised: ABQ3, Farmington 209, Rio Rancho 228, Santa Fe 228
- Monday, Oct. 26, 3 p.m., Donnelly Library G-35 Lecture Hall

Win prizes! By attending a workshop and the career fair, you double your chances of winning one of many prizes. Bring an extra copy of your résumé to win JC’s NYPD gift cards. A special thanks to the following donators:
- Two $100 Wal-Mart gift cards • A’viands Food Service
- Top three résumés each win a $50 JC’s Pizza gift card • NMHU Athletics
- $50 NMHU Bookstore gift card • Follett/NMHU Bookstore
- Four $25 NMHU Bookstore gift cards • NMHU Foundation
- NMHU apparel (sweaters, hoodies, jackets…) • Career Services Center

For more info: NMHU Career Services Center, Felix Martinez Building, Room 230, 454-3048