# ASSESSMENT RECORD FOR DEPARTMENT

# **Exercise and Sport Sciences**

(Academic Depa	
2009-2010	fall 2010
(Period Covered)	(Date Submitted)
Assessment reports are included for the	instructional programs listed below:
Instructional Degree Program <sup>1</sup>	<b>Degree Information<sup>2</sup></b>
<b>Human Performance and Sport</b>	BA Major
ecify semester/year program started if within the pa	st three years of submission of this assessment
ord.	
ecify degree under level (B.S., M.A., etc.) and whether the chelor of Science, major/minor: minor.	er entry is for major or minor; example entry - leve
omitted By:(Program Chair)	(Assessment Coordinator)

## **ASSESSMENT REPORT FOR:**

Human Performance and Sport	BA Major
(Instructional Degree Program)	(Degree Level) (Major or Minor)
2009-2010	Fall 2010
(Period Covered)	(Date Submitted)
MISSION AN	D GOALS
Institutional Mission:	

## Department's/Program's Goal(s) in Support of Institutional Mission:

"Education through teaching, service, and research."

"The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching."

#### **Intended Educational (Student) Outcomes:**

- 1. Demonstrate a mastery of content knowledge in their appropriate discipline (content).
- 2. Demonstrate the ability to use technology to enhance professional productivity (technology).
- 3. Demonstrate effective interpersonal communication skills (effective communication).
- 4. Demonstrate critical and reflective practices (critical and reflective thinking).

# ASSESSMENT REPORT FOR

Human Performance and Sport	BA Major
(Instructional Degree Program)	(Degree Level) (Major or Minor)
2009-2010	Fall 2010
(Period Covered)	(Date Submitted)

**Note:** Provide the following information for each outcome from the previous page. Enlarge the space under each category as needed.

# **Intended Educational Outcome 1**

1. Demonstrate a mastery of content knowledge in their appropriate discipline (content).

## First Means of Assessment for the Above Outcome

- A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.
- A majority of graduating students receive a GPA of 3.0 or above in HPS major coursework. While GPA is not our typical "means" for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students' overall exit performance from our program. This program includes emphasis areas in exercise science, recreation management, and physical education.

#### A. DATA RESULTS: Summarize results from data collected.

- 1. The overall GPA for students graduating in HPS was 3.20 and 3.56, respectively for the Exercise Science and Physical Education concentrations. No students in Recreation and Sport Management graduated, as it is a new concentration.
- A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were pleased with these results and no changes were proposed.

#### **Intended Educational Outcome 2**

2. Demonstrate the ability to use technology to enhance professional productivity (technology).

#### First Means of Assessment for the Above Outcome

- A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.
  - 1. Exercise Science students: a majority of students receive a 24/30 on the final project in HPS 421 and HPS 476
  - 2. Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in HPS 461 and HPS 409
  - 3. Physical Education students: a majority of students receive a 24/30 on the final project in HPS 350 and HPS 495

#### A. DATA RESULTS: Summarize results from data collected.

- 1. 86% of students received an 80% or above on final project in HPS 421 and 75% of students received an 80% or above on their final project in HPS 476.
- 2. Only 2 students took HPS 461 and both received above 90%. 10 students took HPS 409 and all received 90% or above on their project.
- 3. 64% of students received an 80% or above on their final project in HPS 495. 83% of students received an 80% or above on final project in HPS 350.

A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results and therefore, no changes are proposed. The criteria were changed to 80% or above from 24/30 because of our use of individual course rubrics.

#### **Intended Educational Outcome 3**

- 3. Demonstrate effective interpersonal communication skills (effective communication).
- A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.
  - 1. Exercise Science students: a majority of students receive a 24/30 on papers and presentations in HPS 372 and HPS 376
  - 2. Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in HPS 461 and HPS 409
  - 3. Physical Education students: a majority of students receive a 24/30 on the final project in HPS 387 and HPS 468

#### A. DATA RESULTS: Summarize results from data collected.

- 1. 85% of HPS 376 students received an 80% or above on their final paper and presentation.
- 2. Only 2 students took HPS 461 and both received above 90%. 10 students took HPS 409 and all received 90% or above on their project.
- 3. 65% of students in HPS 387 received an 80% or above on their final project. 78% of students in HPS 468 received an 80% or above on their project.
- A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results and therefore, no changes are proposed. The criteria were changed to 80% or above from 24/30 because of our use of individual course rubrics.

#### **Intended Educational Outcome 4**

4. Demonstrate critical and reflective practices (critical and reflective thinking).

#### First Means of Assessment for the Above Outcome

- A. Means of Assessment and Criteria for Success: Describe assessment data, methods for collecting data, and criteria for successful performance.
  - 1. Exercise Science students: a majority of students will receive a 24/30 on final papers in HPS 405 and HPS 476
  - 2. Recreation and Sport Management students: a majority of students receive a 24/30 on the final paper in HPS 461 and HPS 409
  - 3. Physical Education students: a majority of students receive a 24/30 on the final project in HPS 350 and HPS 495

#### A. DATA RESULTS: Summarize results from data collected.

- 1. 90% of students in HPS 405 received an 80% or above on their final project. 80% of students in HPS 476 received an 80% or above in their final project.
- 2. Only 2 students took HPS 461 and both received above 90%. 10 students took HPS 409 and all received 90% or above on their project.
- 3. 64% of students received an 80% or above on their final project in HPS 495. 83% of students received an 80% or above on their final project in HPS 350.
- A. USE OF RESULTS: Describe how results are used for program decision-making and improvement, with evidence of how decisions are implemented.

Faculty were happy with these results and therefore, no changes are proposed. The criteria were changed to 80% or above from 24/30 because of our use of individual course rubrics.