NEW MEXICO HIGHLANDS UNIVERSITY

5th Annual Alcohol & Substance Abuse Treatment Conference
Session Descriptions & Presenter Biographies

Monday, May 16, 2016-Opening Plenary Session

Fred Sandoval: Master of Ceremonies

Keynote Speaker, National: Topic: 16 Steps for Discovery and Empowerment
Presenter: Charlotte Sophia Kasl, Ph.D.
Many Roads, One Journey, Inc.

Keynote Speaker, National: Topic: US Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers
Presenter: Dr. Avelardo Valdez, University of Southern California

Best Practice Breakout Sessions: Monday, May 16, 2016, 1-5pm

A. Adelante Family Program

Presenters: Mr. Fred Sandoval and Dr. Cervantes

"Familia Adelante." This is designed for, by, with and inclusive of Latino populations and we are excited about the opportunity to train parprofessionals, preventionists, peer specialists, LADACs, health specialists, promotoras, and other substance abuse stakeholders as facilitators for this evidence based program.

Presenter Bio:

Fred has over 27 year's professional experience in health and human services. His experience in cultural and linguistic competency includes training, technical assistance, consultation, planning and evaluation of behavioral health services to diverse populations with a special emphasis on Hispanic populations in New Mexico. He is a former alternate to the U.S.-Mexico Border Health Commission, served as the Lead on Cultural and Linguistic Competency for the New Mexico Behavioral Health Collaborative and Children, Youth and Families Department Systems of Care. He served as New Mexico's Lead on the SAMHSA Eliminating Disparities Policy Academy is currently a member of the National Network to Eliminate Disparities and the State Coordinators Council of Cultural and Linguistic Competency. He served in the National Latino Mental Health Congress during the President Clinton administration. Fred recently completed two terms as the President of the National Latino Behavioral Health Association, where he currently works as the Operations Manager. He served as First Vice President of the National Alliance on Mental Illness (NAMI) in Arlington, VA and presided over the development and policy initiatives for the NAMI National Multicultural Action Center's symposiums and summits. Fred met with and participated in President George W. Bush' announcement of the New Freedom Commission in Albuquerque, NM. He has advised SAMHSA on the development of cultural and linguistic standards and has served on multiple boards, councils, commissions and committees across the state include border initiatives, suicide prevention, crisis intervention and consumer & family support. He received his Masters in Public Administration from Northern Arizona University in 1992 and his Bachelors of University Studies from the University of New Mexico in 1980. He received the SAMHSA Administrator Award, the Cerro Grande Fir Hero Award, the Con Alma Health Foundation Health Hero Award, and numerous national recognitions. His sister was diagnosed with chronic paranoid schizophrenia and his oldest brother died of alcoholism.

B. Introduction to US Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers

The growth of street gangs in the U.S. calls for a comprehensive strategy to deal with issues related to gang membership (i.e delinquent behavior and substance use). Understanding gangs requires knowledge of the heterogeneity of Hispanic/Latino populations, immigration, and transnational processes. Many new Latino settlement areas in the U.S. are experiencing a presence of Hispanic/Latino youth street gangs.

This INTRODUCTION course is targeted for service providers and educators who work with Hispanic youths who may be at risk for gang membership and who are interested in preventing membership and increasing their competency of working with street gangs. Presenters will include a discussion on prevention and intervention programs including those that are culturally relevant to the Hispanic/Latino populations.

This course focuses on Hispanic/Latino youth street gangs in the U.S.; explores the growth of Hispanic/Latino communities, risk factors for gang membership and prevention and intervention evidence based practices. The content is based on the latest science based research on U.S. Hispanic/Latino youth street gangs.

C. Recovery Medicine Wheel
Presenter: Dr. Kip Coggins

D. Turtle Island Group Therapy Approach: Connecting Grandparents and their Grandchildren to learn about Nature, Values and Drug and Alcohol Misuse
Presenter: Dr. Rockey Robbins, Oklahoma University and students

Turtle Island Group Therapy Approach: Connecting Grandparents and their Grandchildren to learn about Nature, Values and Drug and Alcohol Misuse

Course Content:

1. Major topics to be covered
    a. Increasing Intergenerational communications to facilitate transmission of cultural values to combat drug and alcohol misuse
    b. Enhancement of between Nature and children
    c. Build coping strategies and support systems to combat drug and alcohol misuse
2. Learner Outcomes (what will the participant learn at the end of the workshop?)
    a. Learn how to set up a group for Grand parents and their grand children
    b. Increase awareness about importance of intergenerational communications and connections to Nature
    c. Learn 7 specific techniques to use with grandparents and grandchildren in group therapy

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E. Mindfulness, Unconditional Self-Acceptance and Self Care
Presenter: Dr. J Mark Dyke

The inability to unconditionally accept oneself can lead to a variety of emotional and mental problems. One goal of mindfulness is to increase cognitive and behavioral flexibility, which frees us from the tyranny of negative self-evaluation. Negative self-evaluation takes many forms, including: 1) comparing ourselves with others; 2) fear of being our authentic selves; and 3) crucifying ourselves for past mistakes. During this workshop we will learn a number of practices that target these three areas and lead to a greater ability to unconditionally accept ourselves and others.

Objectives
Move from comparison to acceptance
Develop compassion for self and others
Develop a more flexible mindset
Develop a balancing statement that fits our identity
Learn ways to fully engage with others through mindful dialogues

Presenter bios:
Dr. J. Mark Dyke is an Associate Professor at NMHU's School of Social Work. He has been practicing mindfulness meditation since 1982, under the direction of numerous meditation instructors from the Zen, Catholic Monastic and Tibetan traditions. Mark teaches graduate courses in mindfulness for social workers, and is currently working on a text that will integrate mindfulness and Jungian symbolic work. Mark's clinical experience includes working with families, couples and individuals suffering from PTSD, addiction and depression.

F. Naturopathic Medicine: An Experiential Approach
Presenter: Elizabeth Diebold
Naturopathic medicine offers a uniquely complementary and wholistic approach to treating addiction, encompassing all aspects of an individual, mind, body, and spirit. This course offers an overview of tools that can be used to address addiction in each of these areas, and is presented through experiential exercises for class participants. Attendees will be moving, so comfortable clothing is encouraged.

Course Content:
1. Major topics to be covered
    a. A wholistic approach to the mind-body-spirit triad.
    b. Exercises for dealing with introspection, stress management, goal setting, and other ways to manage treatment and relapse.
    c. Counseling techniques that encourage empowerment and personal responsibility.
2. Learner Outcomes (what will the participant learn at the end of the workshop?)
    a. Tools to manage stress, emotional imbalance, relationships, and communication
    b. Counseling techniques to improve client interaction and self-awareness and empowerment.
    c. Tools for improved communication for both participant and clients.

Day Two

Keynote Speakers: Tuesday, May 17, 2016-Plenary Session

Topic: Two Spirits: LGBTQ Approaches in Treating Addiction
Presenter: Dr. Rockey Robbins, Oklahoma University

Topic: Topic: Recovery Medicine Wheel
Presenter: Dr. Kip Coggins

Topic: Introduction to the Indigenous Knowledge Center
Presenter: Dr. Rebecca Moore
Coordinator, NMHU-SSW Indigenous Knowledge Center

Best Practice Breakout Sessions Tuesday, May 17, 2016, 1-5pm

G. Humanizing Approaches to Treating Addictions of People who are Homeless
Presenters: Mr. George Mercer, Anita Córdova, MA, Kevin Santry, and Mindy Grossberg, MSW, Art Street Coordinator & Carol Rice, LMHC Healthcare for the Homeless

Albuquerque Health Care for the Homeless (AHCH) promotes the overall wellbeing and dignity of people who are homeless and experiencing drug-related harm by addressing individual circumstances that are impacting their lives and by working with them to end their homelessness. AHCH will present a transdisciplinary panel of AHCH staff and practitioners to provide a comprehensive informational session that brings together 30 years of learning from and with people who are homeless. Over the years, AHCH's models have developed from evidence-based practices into true innovations that are co-created with the knowledge of what works best in meeting people's individual needs while treating addictions in an integrated care setting that meets people where they are at.

Course Content:
1. Major topics to be covered
    a. Providing Integrated Care to People who are Homeless *Homelessness 101_(data over time and effective models: Integration, Trauma-Informed, Harm Reduction, low-threshold, "no wrong door" etc…)
    b. Housing First/Wraparound & Comprehensive Care: Supportive Services for people in treatment

c. Harm Reduction and Overdose Prevention
d. Innovative Behavioral Model – ArtStreet Closed Recovery Group

2. Learner Outcomes (what will the participant learn at the end of the workshop?)
   a. The causes and consequences of homelessness, description of population in the City of Albuquerque and the evidence-based practices that make treating people experiencing homelessness effective.
   b. Harm Reduction and Overdose Prevention approach to people who actively engage in substance use
   c. ArtStreet – community-based closed group art therapy approach to people in recovery.

H. Compassion Fatigue

Presenter: Mr. Art Romero

"Helping till it hurts!" is the theme of this course. This course will describe how having Compassion Satisfaction can lower burn out, however it can eventually cause Compassion Fatigue/Vicarious Trauma. Eventually a professional can develop burnout symptoms, this training will describe the symptoms and present preventive measures one can take to lower risk of burnout. The class will end with a list of Self-care techniques.

Course Content:

3. Major topics to be covered
   a. Compassion Satisfaction
   b. Compassion Fatigue/Vicarious Trauma
   c. Burnout signs and symptoms and how to heal the healer
2. Learner Outcomes (what will the participant learn at the end of the workshop?)
   a. _Participant will learn where they are emotionally with compassion satisfaction
   b. _Participant will learn how to recognize compassion fatigue/vicarious trauma and burnout
   c. _Participant will learn about prevention and self-care in regards to burnout

Presenter Bio:

Art Romero is an accomplished Mental Health, Substance Abuse Counselor and Educator. His work spans over 30 years. He is dedicated to improving services to Mental Health/Substance Use Disorder Patients. He has always advocated for the Professional Development of Substance Abuse and Mental Health Professionals. Art's awards include: "2004 Professional of the Year", by the New Mexico Association for Addiction Professionals, "2000 Substance Abuse Practitioner" by The National Hispano/Latino Conference, "1994 Counselor of the Year", by the New Mexico Alcohol &Drug Abuse Counselor Association. Art has served on the Board for NAADAC, President for NMADACA, President of NMAAP, President of NM Certification Board for (ICRC), NM Licensure Board and President of Psi Chi (WNMU).
Art is a Viet-Nam Veteran (USMC).

I. 16 Steps for Discovery and Empowerment

Presenter: Charlotte Sophia Kasl, Ph.D.

The 16-step empowerment model was introduced in *Many Roads, One Journey: Moving Beyond the 12 Steps* in 1992. The model is *socially conscious, strength based, flexible, and based on the belief that healing is based on love, not fear, empowerment not deflation, and focusing on one's strengths, potential and taking action.* It is a wellness approach that has also helped numerous people with depression. It encourages creativity, accepting individual differences and helping people find their own voice and path of healing. It has been used widely throughout the United States and Canada for people of all ages, including marginalized people, survivors of abuse/violence, incarcerated people, Native Americans, and women in shelters. There have been hundreds of groups in the US and Canada.

In this workshop we will:

Explore a brief history of the 16 steps and introduce the steps.

Go through the markers of healing from trauma and oppression including knowledge about neuroscience, and show how the 16 stepsaddress these markers; show a video of women talking about experiences in 16-step groups and how they learned to move beyond fear, recognize internalized oppression, find their own wisdom, build confidence and create more authentic relationships. Following this we will explore more deeply several of the steps that are affirming and healing. The workshop will be interactive encouraging discussion and questions throughout. I present materials in a warm, clear and often humorous way.

LEARNING OBJECTIVES :

1. Understand the connections between trauma, being marginalized and addictions
2. Name three ways the 16 steps parallel research on treating depression.
3. Name three steps that specifically address issues relevant to the negative conditioning of women and other marginalized people.
4. Give three examples of empowerment

Presenter Bio:

Charlotte Sophia Kasl, Ph.D., is widely regarded as a pioneer in the field of trauma, addiction and healing through an empowerment approach. Her 16-step model, first presented in 1992 in Many Roads, One Journey: Moving Beyond the 12 Steps, has been widely

adopted by programs for people in recovery from addiction and trauma. She received the Edward A. Swinyard award for creating a model that is sensitive to the needs of women and minorities. Women, Sex, and Addiction: A Search for Love and Power has become a classic in the addiction field and resulted in a life time achievement award for her work with addiction and sexuality. Her highly popular series, If the Buddha Dated,/Married,/Got Stuck/Had Kids has found a world wide audience. There are 44 translations of her books in 21 languages. She has over 800,000 books in print. Charlotte has given hundreds of workshops in the United States and abroad on addiction, trauma, healing, relationships, finding joy, and getting unstuck. She brings a combination of humor, warmth, simplicity and depth to all her work. Participants will leave with encouragement and practical skills to use on a daily basis.

I have given hundreds of keynotes and lectures at state and national conference on addiction, trauma, and relationships since the publication of Women, Sex, and Addiction in 1989. A few of the organizations that have sponsored me are: The New York Open Center, Omega Institute, Kripalu, Rowe Conference Center, Harvard Conference on Addictions, Albuquerque Health Care for the Homeless, Sun Valley Wellness Festival, Iowa Gender Specific Services Task Force Annual Conference, The YWCA Treatment program for women in South Bend, Indiana, The British Columbia Association of Specialized Victim Assistance and Counseling annual conference in Vancouver, Nashville Psychotherapy Institute, The Ben Franklin Institute, and the McLeod Institute at the University of North Carolina. I have been invited to two CSAP (Center for Substance Abuse Prevention in Washington DC) conferences and have also given workshops at numerous Unity Churches. In 1985 I was a presenter at the 1985 International Decade of Women Conference in Nairobi, Kenya on the parallels between imperialism and incest.

Sex Trafficking & Addiction
Presenter: Shelley Repp

This workshop will explore the ties between sex trafficking and addiction. The participant will be exposed to the reality of life as a sex worker in NM and how that ties to addiction and includes terminology, a neurobiological perspective and available resources.

Course Content:

1. Major topics to be covered
    a. Sex Trafficking 101
    b. Neurobiological ties between sex trafficking and addiction
    c. NM Resources for trafficking victims
2. Learner Outcomes (what will the participant learn at the end of the workshop?)
    a. Understand how sex trafficking exists and is perpetuated in the US/NM.
    b. Understand why rescue/recovery/restoration is so difficult for the trafficking population.
    c. Exposure to available NM resources for trafficking victims.

Presenter Bio:

After earning her Pastoral Certification from LIFE Bible College, Pastor Shelley Repp has worked with children and families in crisis since 1993. Turning her focus to community outreach that alleviates hunger and poverty for the disenfranchised in 2010, Shelley has partnered with Love INC, Juntos, Mesa Verde C.C and both Hawthorne and La Mesa Elementary School. At the same time, she and two other women founded Embrace One a ministry that reaches out to women in the sex trade. In the fall of 2012, Shelley founded of SPOKEN FOR, an organization to actively combat human trafficking in the state of New Mexico. Spoken For actively collaborates with the NMAG office, HIS, Life Link, the NM Sex Worker Advocate Coalition and Street Safe. Additionally, Spoken For has provided training and resources for the launch of Freedom House New Mexico's first long-term safe house specifically for sexually exploited women. Shelley has been married to her husband, Dan since 1989 and they have three children. She currently serves as the Outreach Pastor of Copper Pointe Church.

K. San Gabriel Valley Conservation Corps: Gang Involved Youth Program
Presenters: Danny Oaxaca/Herbert "Romero"

L. Can Africana Studies Scholarship Influence Medical Substance Abuse Treatment?
Presenter: Dr. Jamal Martin

The context, culture and sociology of knowledge of mainstream medically assisted treatment approaches in substance abuse remains less than therapeutic for African descent people in the Americas. Significantly, because of its ignorance of culture and historical trauma and the social epidemiology related to the determinants of health. Likewise, the long history of 'scientific racism' and 'cultural imperialism' embedded in American health systems and know-how, alongside its overarching support for biological determinism has resulted in 'unequal treatment' and the medicalization, socialization and/or criminalization of everyday problems of survival with human dignity. Furthermore, the sociological intersections of religion, spirituality and health for people of African descent remains undervalued in addressing how this population attains therapeutic jurisprudence under the onslaught of structural violence or why some self-medicate to deal with the chronic stressors stemming from racialization and environmental racism, etc., across the life-course trajectory. Summarily, 'ethical deficiencies' and

the perceived untrustworthiness of American medical established practices and practitioners demand a new 'dose of knowledge.' Therefore, this course/workshop calls for mindfulness in applied critical leadership in deconstructing the present epistemology of ignorance under mainstream medical assistance by construction of a new epistemology of knowledge about the therapeutic values found within Africana Studies.

Course Content:

1.Major topics to be covered
   a. Africana Studies, Social Epidemiology and Health Determinants
   b. Scientific Racism, Cultural Imperialism in Health Professions Education & Training
   c. Critical Leadership in Therapeutic Jurisprudence
2.Learner Outcomes (what will the participant learn at the end of the workshop?)
   a. Student-learners will explain and demonstrate how geography of health is equally or more important than biological determinism
   b. Student-leaners will question and criticize the epidemic of inaction against scientific racism in teaching, research and service in health sciences education
   c. Student-learners will value and reproduce a conscious awareness of human suffering across the life course trajectory and the appropriateness of self-reflection on the social determinants of health policy

Presenter Bio:

Jamal Martín, PhD, MPH – Director, Peace and Justice Studies, Faculty-Africana Studies/Family Community Medicine and Senior Fellow, RWJ Center for Health Policy - University of New Mexico. As a public health scientist-practitioner, his proficiencies include assessment, policy development, and assurance of essential public health services. Other education and training expertise from post graduate and postdoctoral surveys includes public health practice, clinical epidemiology and global health law governance. His interdisciplinary teaching, research and service file includes clinical epidemiology, health promotion and disease prevention, law and biological psychiatry. As an African and African Diaspora scholar-activist, his current work in strategic peacebuilding education involves global health equity, human security, justice and healing; violence prevention-conflict resolution and transformation; and structural, institutional change and development. Dr. Martín's almae matres comprise Hawaii Pacific University, the School of Public Health -The University of Hawai'i-Manoa, and the College of Education - the University of New Mexico.

M. New Mexico Department of Health Medical Cannabis Program
Presenters: Dr. Maureen Small and Kathryn Riter

1. Major topics to be covered
   a. Overview of the Lynn and Erin Compassionate Use act
   b. Administrative processes and details of the Medical Cannabis Program.
   c. Endocannabinoid System and Medical Cannabis
2. Learner Outcomes (what will the participant learn at the end of the workshop?)
   a. The purpose of the New Mexico Department of Health Medical Cannabis Program
   b. Processing and details required for an enrolling applicant
   c. Current research studies on Medical Cannabis uses for symptom alleviation.

Presenters Bios:

Maureen Small, MD is a Board Certified Family Physician who is currently co-Medical Director for the New Mexico Department of Health Medical Cannabis Program. She completed her residency and received her medical diploma from the Medical College of Wisconsin. Her educational honors include Phi Beta Kappa and Alpha Omega Alpha. She was previously a staff physician for the UNM Department of Community and Emergency Medicine and the UNM Center for Life Integrative Medicine clinic. She has also served as Medical Director for the New Mexico Women's Correctional Facility.

She has a long interest in cross cultural and holistic medicine with a commitment to providing health care to medically underserved communities. In this capacity she has provided primary care services for First Choice Community Healthcare and Indian Health Services. She also has a Masters in Oriental Medicine and a post graduate degree in Public Health. She is fluent in French and medical Spanish.

Kathyrn Riter is the Health Educator for the Medical Cannabis Program of the State of New Mexico Department of Health. Her current role at the Department of Health is administrative duties, and program education for patients, providers and organizations. Prior to employment with the Department of Health, she worked as a Peace Corps Volunteer in the Philippines. Kathryn is currently pursuing a graduate degree in Public Health and in her free time she enjoys skiing, playing soccer, and exploring New Mexico.

N. Clinical Supervision and Introduction to Evidence Based Treatment Planning with Adolescents
Presenter: Dr. Jim Carrier and James Bradley: South Southwest Addiction & Technology Transfer Center

The workshop consists of 10 areas relevant to the supervision of addiction counselors. The training is based on the ATTC Clinical Supervision Model and includes what supervision is, theories and models of supervision, modalities, roles and definitions of the clinical supervisor, the supervisory alliance, performance evaluation, legal and ethical issues, administrative supervision, leadership and technology-based supervision. Attendees will receive a flash drive containing a copy of the 10 unit power-point presentations including quizzes and exercises to support each module. The goal of this workshop is to provide counselor supervisors a resource for in-house training and for counselors to familiarize themselves with best practices in supervision.

This session is designed for clinical supervisors and other service providers who are initiating the implementation of evidence based practice models, or are struggling with the implementation, development or meeting fidelity. This session is also appropriate for agency directors and service providers who want a basic knowledge of evidence based practice (EBP) models prior to the adoption or implementation stages.

Course Content:

1. Major topics to be covered
    a. Definitions of Evidence Based Practices (EBP) and Interventions (EBI's)
    b. Treatment Process Models
    c. Implementing EBP and EBI's
2. Learner Outcomes
    a. Participants will be able to define EBP's and give examples of Interventions
    b. Participants will be able to state the 4 Core Principles of Change
    c. Participants will be able to cite the Fidelity Review Processes

Presenters Bios:

Jim Bradley has worked in a variety of capacities in the behavioral health field for 35 years. He began his career as a caseworker in a substance abuse residential treatment program in 1973. Since then, he spent 11 years at the Texas Commission on Alcohol and Drug Abuse in the Program Development and Consultation area working with treatment and prevention programs throughout the state. He also spent 17 years in the private, non-profit world as a trainer, consultant and grant writer in Employee Assistance, Student Assistance, Peer Assistance & Leadership, Peer Mediation and HIV/AIDS. For the past 7 years he has been a trainer/consultant with the South/Southwest ATTC and has conducted over 100 Evidenced Based trainings for counselors, clinical directors and administrators of which 60 have been in the area of Treatment Planning.

O. Matrix IOP-Key Supervisor Training (Must have completed Matrix IOP basic 2 day training)
Presenter: Sam Minsky, LMFT, Matrix Institute on Addictions

All agencies who receive the Matrix Model core training are asked to identify a "Key Supervisor" who will receive additional training at Matrix in Los Angeles followed by ongoing guidance in clinical supervision and maintenance of fidelity. This person will be a contact person for Matrix and will be the individual who assumes responsibility for assisting the program in getting the Model in place, maintaining trained staff and assuring fidelity.

A Key Supervisor leads their organization in implementing the Matrix Model®, and assuring structural and clinical fidelity. The Key Supervisor Training will include a Matrix Key Supervisor Manual, observations of actual group treatment sessions and use of the Fidelity Instruments of the model along with a host of other advanced training and support materials. The Key Supervisors will be trained to supervise clinicians in the Matrix Model® of treatment, to work with administrators to adapt the Model to their settings, and to administer the fidelity instruments. Becoming a Key Supervisor is the first step to leading your organization toward Certification in the Matrix Model®.

Presenter Bio:

Sam Minsky, MA, LMFT, is a Senior Clinician, Trainer and Supervisor at the Matrix Institute On Addictions. He has served in various clinical and executive capacities such Senior Clinician, Associate Director and Director of the full service outpatient substance abuse clinic at Matrix West Los Angeles. Most recently, he has served as the senior National and International Matrix Model Trainer. Mr. Minsky has worked in the chemical dependency field since 1988. He is a licensed Marriage and Family Therapist in the state of California, USA, and a specialist in treating the chemically dependent and their families. He has also worked for the Brooklyn New York Criminal Court System as

an expert witness in chemical dependency and substance abuse.
Mr. Minsky has co-authored a number of articles on research aspects and treatment of the chemically dependent and has been involved in re-writing and updating various revisions and updates of components of the Matrix Manuals. He was the lead author on the American Indian and Alaskan Native, culturally appropriate patient handouts.
The Matrix Model is currently being recommended by the National Institute on Drug Abuse (NIDA), and the Center for Substance Abuse and Treatment (CSAT) as one of a very few useful empirically driven treatment models for substance abusers and the chemically dependent. Mr. Minsky has lectured and given presentations on various aspects of chemical dependency and methods of treatment to numerous universities, hospitals, Mental Health settings, therapy and addiction settings, nationally, and internationally. Sam has trained clinicians in Canada, Thailand, the Netherlands Antilles Island of Curacao, South Africa, Vietnam, the Island of Guam, the United Arab Emirates and numerous Native American Reservations (USA) and First Nation Reserves in Canada. Sam has been featured in a number of videos that deal with issues in chemical dependency and substance abuse, He has been involved in many iterations of the Therapist and Client Manuals over the years and has recently helped edit the most current set of treatment manuals.

P. Matrix Model for Alcohol and Substance Abuse Treatment-Criminal Justice Focus:
Presenter: Donna Johnson, JD, CAS, ICADC, ICCJP, ICCDP, LADC: Matrix Institute on Addictions

This training will give the participant an overview of the new The Matrix Model® for Criminal Justice Settings. Discussion will include the different components used to teach skills on how to give offenders with substance use disorders the knowledge, structure, and support to allow them to achieve abstinence from substance use and criminal behavior and initiate a long-term program of recovery and pro-social life.

Presenter Bio:
Donna has over 25 years of experience in the field of addiction and criminal justice. She holds a Juris Doctor and is an Internationally Certified Alcohol and Drug Counselor (ICADC), Internationally Certified Criminal Justice Addiction Professional (ICCJP), Internationally Certified Co-Occurring Disorder Professional and Licensed Alcohol and Drug Counselor (LADC). She has worked in correctional programs, probation and parole and 18 years for a large community mental health center holding positions as Director of Substance Abuse Services and Director of Behavioral Health. In these roles, she supervised all levels of clinical care and provided clinical services for area criminal justice programs. Donna has provided training and consulting in over 45 states for SAMSHA and CSAT projects and has worked on consulting and training projects for the Bureau of Justice, Dept. of Justice and numerous law enforcement agencies as well as drug courts nationally and internationally. She is a consultant and trainer for the Matrix Institute providing training and consulting in the United States and abroad. She is the lead author on the Matrix Model for Criminal Justice Populations. Donna is also a consultant and trainer for Hazelden Betty Ford Foundation and a contributor on the Hazelden Living Skills Series and currently working on several new publications. She has numerous magazine articles and has been featured on CBS Atlanta, PBS and Fox News on addiction issues.

She is currently Chief Executive Officer for Addiction Solutions of Georgia, Inc. a company specializing in consulting and training in addiction, criminal justice, tele-mental health and integrated care. She currently provides consulting and training to numerous state addiction authorities, private agencies Fortune 500 companies and many criminal justice programs, She has been a speaker for numerous national conferences including the National Association for Drug Court Professionals Conference and the National Conference on Addictive Disorders and the United Kingdom and European Symposium on Addictive Disorders.

Q: US Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers
Presenters: Dr. Haner Hernandez and Robert Hernandez, MSW National Hispanic Latino: Addiction Technology Transfer Center

The growth of street gangs in the U.S. calls for a comprehensive strategy to deal with issues related to gang membership (i.e delinquent behavior and substance use). Understanding gangs requires knowledge of the heterogeneity of Hispanic/Latino populations, immigration, and transnational processes. Many new Latino settlement areas in the U.S. are experiencing a presence of Hispanic/Latino youth street gangs.

This course is targeted for service providers and educators who work with Hispanic youths who may be at risk for gang membership and who are interested in preventing membership and increasing their competency of working with street gangs. Presenters will include a discussion on prevention and intervention programs including those that are culturally relevant to the Hispanic/Latino populations.

This course focuses on Hispanic/Latino youth street gangs in the U.S.; explores the growth of Hispanic/Latino communities, risk factors for gang membership and prevention and intervention evidence based practices. The content is based on the latest science based research on U.S. Hispanic/Latino youth street gangs.

Presenter Bio:

R: Adelante Hispanic Family Model for Adolescents

Presenters: Fred Sandoval and Dr.Cervantes

S: Ear Acupressure for Addictions:

Presenters: Nityamo Lian, DOM, MPH & Eleni Fredlund, MA

Auricular acupressure or Acudetox can be used to help manage stress and prevent relapse in substance users. Acudetox stimulates and regulates brain chemistry and provides a deep relaxation. According to Chinese medical theory, addictions of any kind reflect an imbalance. Acudetox helps restore internal harmony, which supports the patient in their own process of recovery.

During this training we will teach acudetox theory from the Chinese and western Medical perspectives. Participants will learn how to apply the NADA protocol acupressure seeds to the ears to help with symptoms of addiction. They will learn the theory of the five elements and get lots of hands-on practice. Participants will come away with the ability to use acupressure seeds to help their clients and with a familiarity of the use of needles.

Course Content:

1. Major topics to be covered
    a. Description and demonstration of acudetox
    b. Mechanisms of action of acupuncture and evidence for use of acupuncture in addictions
    c. How to incorporate acudetox into your substance user treatment or prevention program
    d. The use of ear acupressure seeds to help with symptoms of withdrawal and addiction

2. Learner Outcomes (what will the participant learn at the end of the workshop?)
    a. General familiarity with the subject of acudetox
    b. Be able to explain how acudetox works and critically evaluate research studies on acupuncture
    c. Ability to apply ear acupressure seeds for the treatment of addictions.

Presenters Bios:

Nityamo Lian, DOM, MPH graduated as a Doctor of Oriental Medicine/Acupuncturist in 1999 from the International Institute of Chinese Medicine in Santa Fe, and received her Masters of Public Health from the University of NM in 2007. She helped design and participated in a study of acupuncture and posttraumatic stress disorder at the University of New Mexico's (UNM) Department of Psychiatry from 2002-2004. She participated in a study with UNM's Department of Internal Medicine examining acupuncture effects on anxiety in women with breast cancer. She conducted a pain clinic at the Southeast Heights Family Practice clinic in 2003. Since 2007, she has helped substance user treatment centers set up programs that incorporate acupuncture for addictions into their services. She trains staff and acupuncturists in the use of the National Acupuncture Detoxification Association's protocol. Dr Lian started a community acupuncture clinic and non-profit in 2009 to promote the accessibility of acupuncture to all New Mexicans. She has co-authored several peer-reviewed research articles and continues to write and receive grant funding for her organization's work.

Eleni Fredlund, MS, EMT-I, CADS is a high school teacher with a Masters degree in counseling. She teaches health and Emergency Medical Tech classes and ran one of the first Junior Medical Reserve Corps in the country. In addition she volunteers with the La Cueva Fire Department. She has spent many years providing pastoral services in the Los Alamos Detention Center where she also provided acudetox for a year. She has been a NM Certified Acudetox specialists since 2010.

T: Seeking Safety

Presenter: Kay Johnson LCSW

This presentation explores the link between trauma and addiction and reviews general principles of creating environments respectful of the needs of those who have been traumatized. Utilizing an understanding of stage-based models of treatment, training will be provided on a present focused evidence-based approach (Seeking Safety) and a past-focused approach (Creating Change). Both are designed to facilitate healing for those with complex trauma issues including addictions, self-injury, reenactments, etc. The differing experience of women and men and how gender impacts on the recovery process will be highlighted. This workshop is highly clinically oriented and the opportunity to role-play scenarios and focus on providing quality interventions through fidelity will be provided.

Course Content:

1. Major topics to be covered
    a. Trauma informed care and the impact of gender on recovery
    b. Seeking Safety and Creating Change Treatments
    c. Seeking Safety Fidelity
2. Learner Outcomes (what will the participant learn at the end of the workshop?

a. To learn basic information on trauma and PTSD (definitions, rates, and clinical presentation), to develop increased compassion for how trauma and gender affects recovery, to identify ways to create environments conducive to healing from the impact of trauma.
b. To describe Seeking Safety and Creating Change counseling strategies and implementation protocols.
c. To review fidelity to the Seeking Safety Treatment model and practice applying it to a sample session.

Presenter Bio:
Kay M. Johnson, LICSW has 25 years clinical and administrative experience in outpatient and residential substance abuse, mental health, and trauma programs. She specializes in trauma and co-occurring disorders. Kay is a senior associate for Treatment Innovations as a trainer and consultant, and has worked with Lisa Najavits on clinical research projects in the US and Canada since 1997. Since 2002, she has presented workshops and staff training in the United States and Canada on Seeking Safety, Creating Change, A Woman's Path to Recovery, and Trauma Informed Care. She is based in Boston, MA.