

**Assessment Report
2015-2016**

Human Performance and Sport Undergraduate
(Instructional Degree Program)

B.A.
(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

- Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in HPS major coursework. While GPA is not our typical "means" for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students' overall exit performance from our program. This program includes emphasis areas in exercise science, recreation management, and physical education.

Fall 2015 Undergraduate Major GPA at time of Graduation

23 of 37 Students had a Major GPA score of 3.0 = 62%

Spring Undergraduate Major GPA at time of Graduation

18 of 31 Students had a Major GPA score of 3.0 = 58%

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

- Effective Communication Skills

First Means of Assessment for Outcome 2:

- 1) A majority of students will receive an 80% or above on their Exercise Physiology paper in HPS 376.

Fall 2015

15 out of 18 Students+83%

Spring 2016

37 out of 44 student 84%

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

- Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 3:

A majority of students will receive an 80% or above on their laboratories in HPS 370 Kinesiology.

Fall 201

9 of 21 Students= 43%

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

- Effective Use of Technology

First Means of Assessment for Outcome 4:

A majority of students will receive an 80% or above on their laboratories in HPS 410 Measurement and Evaluation.

Spring 2016

25 out of 58 students 43%