

At NMHU, co-curricular activities are defined as out-of-class experiences that complement and extend the formal learning experience of a course or academic program. Co-curricular activities develop a student's social, intellectual, cultural, democratic, civic, and aesthetic domains. They are supervised and/or financed by the institution and facilitate the attainment of NMHU's four essential traits (or student learning outcomes). These experiences are voluntary, ungraded, and non-credited, although they may be compensated through student employment.

Four identified traits/student learning outcomes that the NMHU community of faculty, students and staff identified that our graduates are expected to display:

- Mastery of content knowledge and skills
- Effective communication skills
- Critical and reflective thinking skills
- Effective use of technology

Program Name: Archuleta Fitness Center

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Program Mission: The mission of the Archuleta Fitness center is to provide educational and fitness facilities to the students, faculty, and staff at NMHU, in order to promote health and wellness in our campus community.

Intended Audience: Our program operates a fitness facility open to NMHU students, faculty, and staff. The program is operated by a graduate assistant and work study students in the Department of Exercise and Sport Sciences. These students operate the fitness facility, gaining experience in facility operations.

Please include data on student utilization of the program over the past year (be sure to include online and Center students if part of your intended audience).

Archuleta Fitness Center employed 12 work study students during the fall 2016 semester. During the fall semester, 3,453 students, faculty, and staff utilized the center (3,368 students and 87 employees). As we are a main campus center only, no center students utilized our services. Our hours of operation during the fall semester were: 5:30 am to 9:00 pm Monday through Thursday, and 5:30 am to 5:00 pm on Fridays. Also, the Fitness Center was open on Saturdays from 8:00 am to 4:00 pm and Sundays from 8:00 am to 2:00 pm.

Describe how you measure student satisfaction with your program and results for this year: See Table

Student Learning Outcome:	University Trait(s) linked to which it is linked Learning Outcomes	Measures of Assessment	Timeline for Measurement	Threshold to Determine if outcome has been achieved
1. <i>A majority of the work study students worked 20 hours per week as fitness facility staff during the fall semester.</i>	Mastery of content knowledge	Time sheets	August through December 2016	51% or more of the work study students worked 20 hours during semester.
2. <i>A majority of the work study students earned a 36/45 on their student employee performance evaluation.</i>	Mastery of content knowledge	Student Employee Performance Evaluations from fall 2016	December 2016	51% receive a 36/45 or above on the evaluation.
3. <i>Work study students supervise 3000 students, faculty, and staff each semester at the fitness facility.</i>	Mastery of content knowledge	Daily attendance records for Archuleta Fitness Center for fall 2016 semester	August through December 2016	3000 attendance or higher for fall 2016 semester.

Student Learning Outcome:	Assessment Measurement Results	Outcome Achieved? (0= No, 1= yes)	Plan for Improvement
<p>1. A majority of the work study students worked 20 hours per week as fitness facility staff during the fall semester.</p>	<p>10 out of the 12 work study students worked 20 hours per week during the fall 2016 semester.</p>	<p>1</p>	<p>We met this outcome and will continue to try to have our work study students utilize their 20 work study hours per week. This provides them with more work experience, as well as helping them through student employment.</p>
<p>2. A majority of the work study students earned a 36/45 on their student employee performance evaluation.</p>	<p>100% of students earned a 36/45. The average score was 36/45 on the evaluation.</p>	<p>1</p>	<p>We met this outcome and were happy that all students were recommended for future rehire in our department.</p>
<p>3. Work study students supervise 3000 students, faculty, and staff each semester at the fitness facility.</p>	<p>During the fall 2016 semester, 3,453 persons used the facility. Of these, 3,368 were students and 87 were faculty and staff.</p>	<p>1</p>	<p>Even though we met this outcome, attendance on Sundays was very low. For that reason, the fitness center will be open from Monday through Saturday in the spring 2017 semester. Following that semester, we will reevaluate our hours to ensure we are meeting our goals.</p>