

## ASSESSMENT REPORT 2016-2017

**Human Performance and Sport Undergraduate**  
(Instructional Degree Program)

**B.A.**  
(Degree Level)

### **Program Mission:**

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

### **Student Learning Outcome 1:**

Demonstrate a mastery of content knowledge in their appropriate discipline.

### **NMHU Traits Specifically Linked to Student Learning Outcome 1**

- Mastery of Content Knowledge and Skills

### **First Means of Assessment for Outcome 1:**

A majority of graduating students receive a GPA of 3.0 or above in HPS major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in exercise science, recreation management, and physical education.

### **Summary of Data:**

Number of Students Meeting Criterion:	23	Number of Students Not Meeting Criterion:	0
Total Number of Students Assessed:	23	Percent of Students Meeting Criterion:	100%

**Interpretation of Results for Outcome 1:** One-hundred percent of the students met the criterion. No further action required.

### **Student Learning Outcome 2:**

Demonstrate the ability to use technology to enhance professional productivity.

### **NMHU Traits Specifically Linked to Student Learning Outcome 2**

- Effective Communication Skills

**First Means of Assessment for Outcome 2:**

1) Exercise Science students: a majority of students receive a 24/30 on the final project in HPS 421 and HPS 476. 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in HPS 461 and HPS 409. 3) Physical Education students: a majority of students receive a 24/30 on the final project in HPS 350 and HPS 495.

**Summary of Data**

Number of Students Meeting Criterion:	19	Number of Students Not Meeting Criterion:	1
Total Number of Students Assessed:	20	Percent of Students Meeting Criterion:	95%

**Interpretation of Results for Outcome 2:** No further action is required as only one student out of 20 did not meet the criterion.

**Student Learning Outcome 3:**

Demonstrate effective interpersonal communication skills.

**NMHU Traits Specifically Linked to Student Learning Outcome 3**

- Critical and Reflective Thinking Skills

**First Means of Assessment for Outcome 3:**

1) Exercise Science students: a majority of students receive a 24/30 on papers and presentations in HPS 372 and HPS 376. 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in HPS 461 and HPS 409. 3) Physical Education students: a majority of students receive a 24/30 on the final project in HPS 387 and HPS 468.

**Summary of Data**

Number of Students Meeting Criterion:	12	Number of Students Not Meeting Criterion:	11
Total Number of Students Assessed:	23	Percent of Students Meeting Criterion:	52.1%

**Interpretation of Results for Outcome 3:** Fifty-two percent of students met passing criteria. The department will institute use of the University writing center and Net Tutor to improve this outcome.

**Student Learning Outcome 4:**

Demonstrate critical and reflective practices.

## **NMHU Traits Specifically Linked to Student Learning Outcome 4**

- Effective Use of Technology

### **First Means of Assessment for Outcome 4:**

1) Exercise Science students: a majority of students will receive a 24/30 on final papers in HPS 405 and HPS 476. 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final paper in HPS 461 and HPS 409. 3) Physical Education students: a majority of students receive a 24/30 on the final project in HPS 350 and HPS 495.

### **Summary of Data**

Number of Students Meeting Criterion:	33	Number of Students Not Meeting Criterion:	22
Total Number of Students Assessed:	55	Percent of Students Meeting Criterion:	60%

**Interpretation of Results for Outcome 4:** Sixty percent of students met passing criteria. The department will target specific and individual steps necessary to improve instructor delivery in each listed class where the criterion was not met.

**Utilization of Results:** Conduct further review to identify courses where students are not meeting criteria in SLO 3 and 4.

**Changes to Program Based on Results:** Improvements will be made if necessary in course delivery to support improvements in student outcomes.

**Retention Strategies:** To support student academic convenience and learning environment satisfaction, a classroom has been equipped for within department online course delivery and the computer lab has been updated with new computers with updated software. Graduate students and the ESS Club will provide tutoring support in the ESS library as needed.