

ASSESSMENT REPORT

2015-2016

Health

(Instructional Degree Program)

B.A.

(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in Health major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in health education, health promotion and wellness, pre-professional health, and pre-professional athletic training.

Summary of Data:

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|---------------------------------------|----|---|------|
| Number of Students Meeting Criterion: | 30 | Number of Students Not Meeting Criterion: | 2 |
| Total Number of Students Assessed: | 32 | Percent of Students Meeting Criterion: | 93.8 |

Interpretation of Results for Outcome 1: GPA were favorable in the summary data for SLO1. No further action will be taken

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

Effective Use of Technology

First Means of Assessment for Outcome 2:

1. Health Education students: HLTH 402, majority of the students get at least 80% on two presentations to the class. 2. Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 3. Pre-professional Health students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 4. Pre-professional Athletic Training students: HLTH 370, HLTH410, HLTH 411, majority of the students pass the lab portion of this class with at least an 80%.

Second Means of Assessment for Outcome 2:

Pre-professional Health students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado.

Third Means of Assessment for Outcome 2:

Pre-professional Athletic Training students: HLTH 370, HLTH410, HLTH 411, majority of the students pass the lab portion of this class with at least an 80%.

Assessment for Outcome 2:

1. Health Education students from HLTH 410, were used (n=9) as indicators of the SLO2 with only 4 students meeting the passing criteria of 80% in their class project requisite. Five students did not make the aforementioned criteria.

Summary of Data

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|---------------------------------------|---|---|-------|
| Number of Students Meeting Criterion: | 4 | Number of Students Not Meeting Criterion: | 5 |
| Total Number of Students Assessed: | 9 | Percent of Students Meeting Criterion: | 44.4% |

Interpretation of Results for Outcome 2: Four Students met the passing criteria 44%. Five students did not meet the passing criteria. The low percentage was attributed to the small number of students evaluated. The lack of a full time tenure-track health educator is a primary contributing factor. The hiring of a full time Health Educator is recommended.

Student Learning Outcome 3:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 3:

1) Health Education students: HLTH 151, majority of the students get an average of at least 70% on various response papers; HLTH 402, majority of the students get at least 80% on two PowerPoint presentations. 2) Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 3) Pre-professional Health students: HLTH 402, majority of the students get at least 80% on two PowerPoint presentations. HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 4) Pre-professional Athletic Training students: HLTH 311 majority of the students receive at least an 80% in the class.

Summary of Data

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|---------------------------------------|----|---|-------|
| Number of Students Meeting Criterion: | 3 | Number of Students Not Meeting Criterion: | 7 |
| Total Number of Students Assessed: | 10 | Percent of Students Meeting Criterion: | 30.0% |

Interpretation of Results for outcome 3: Only 30% of students met passing criteria. The absence of a tenure-track, Health Educator adversely affected level of instruction. The absence of a health specialist affected student advising and placement of students in internship positions. The hiring of a full-time tenured health professor is required.

Utilization of results: The hiring of a tenure-track, Health Educator is an immediate requisite as evidenced by lower percentages when an adjunct professor is used versus 'on campus' full time professional .

Improvements/Modifications to Program: The hiring of a tenure-track, Health Educator is an immediate requisite as evidence by lower percentages when an adjunct or distance learning only is used versus an on campus full time professional.

There must be enhanced and greater placement of health students in internships within the immediate and surrounding communities.

Health students must have greater opportunities to participate and present at relevant conferences in their specific field of health.

Enhancement in the resources and existing equipment within the department is necessary to provide greater "hands on" experience, that will serve to improve student's job opportunities.