

## ASSESSMENT PLAN

### Counseling and Guidance

(Instructional Degree Program)

### M.A.

(Degree Level)

#### **Program Mission:**

The mission of the NMHU Counseling and Guidance Program is to train entry-level counselors and prepare them for positions in community service agencies as mental health counselors, in school systems as school counselors, or in rehabilitation settings as rehabilitation counselors. Throughout their training program the emphasis is on the growth and development of each student to promote a positive self-concept and to maximize individual potential in all domains, personal and professional. The program is student-centered and outcome-based, seeking to train individuals who are skilled in working with culturally diverse populations and who are ethical, competent, and reflective practitioners. Proactive knowledgeable professional counselors are crucial to the growth of the profession.

#### **Student Learning Outcome 1:**

To demonstrate a comprehensive understanding of the knowledge base of the Counseling profession.

#### **NMHU Trait Specifically Linked to Student Learning Outcome 1**

1. Mastery of content knowledge and skills

#### **First Means of Assessment for Outcome 1:**

The Counselor Preparation Comprehensive Exam (CPCE) is given to each student in their first or second semester of their Internship. This exam is a standardized exam constructed by the Center for Credentialing and Education, a branch of the National Board for Certified Counselors (NBCC). The CPCE measures students' mastery of eight areas of the counseling knowledge base including Human Growth and Development, Social and Cultural Foundations, The Helping Relationship, Group Work, Career and Lifestyle Development, Appraisal, Research, and Professional Orientation and Ethics. These eight areas also constitute the content areas on the licensing exams for the Licensed Mental Health Counselor as well as for the School Counselor. The passing score on the CPCE is a raw score of 70. The CPCE is used to *demonstrate a comprehensive understanding of the knowledge base of the Counseling profession.*

### DEMOGRAPHICS

GENDER		
F	M	
ETHNICITY		
Hispanic	White	Intl
SITE		

LV	RR	FM	SF	
<b>CONCENTRATION</b>				
Clinical	ClinReh	Rehab	School	Clinical/School

SITE	Development	Diversity	Helping	Group	Career	Assessment	Research	Orientation
Las Vegas								
Rio Rancho								
Farmington								
Santa Fe								
<b>OVERALL</b>								

**Student Learning Outcome 2:**

To demonstrate the effective use of counseling skills.

**NMHU Traits Specifically Linked to Student Learning Outcome 2**

1. Mastery of content knowledge and skills
2. Effective communication skills
3. Critical and reflective thinking skills

**First Means of Assessment for Outcome 2:**

Internship evaluations are completed by the student's Internship site supervisor at midterm and at the end of each semester in which the student is enrolled in the Internship. The evaluations measure professionalism and the effective and appropriate use of the interactive skills that comprise the essence of counseling. The evaluation instrument has been revised to provide supervisors with a 5 point scale allowing for a midpoint score. The minimum rating as we test this scale will continue to be 3 until we have gathered some supporting data. The Supervisor Evaluations are used to *demonstrate the effective use of counseling skills.*

**DEMOGRAPHICS**

<b>GENDER</b>					
F	M				
<b>ETHNICITY</b>					
Hispanic	White	Native Am	Intl		
<b>SITE</b>					
LV	RR	FM	SF		
<b>CONCENTRATION</b>					
Clinical	ClinReh	Rehab	School	Clinical/School	Clin/Reh/Sch

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SITE	Time Commitment	Ethical awareness and conduct	Demonstrates open-mindedness	Response to supervision	Interaction with clients and coworkers.	Clear, concise documentation	Seeks new challenges; works independently	Flexibility	Follows policies and procedures.	Professional skills	Sensitive to needs of diverse groups.	Adds value to your program.	Coordinate educational planning	Work with consultant and experts.	Dependable	Use referral sources	Individual counseling	Group counseling
Las Vegas																		
Rio Rancho																		
Farmington																		
Santa Fe																		
<b>OVERALL</b>																		

**Student Learning Outcome 3:**

To demonstrate the appropriate application of a counseling theory to a specific problem.

**NMHU Traits Specifically Linked to Student Learning Outcome 3**

1. Mastery of content knowledge and skills
2. Effective communication skills
3. Critical and reflective thinking skills

**First Means of Assessment for Outcome 3:**

The student verbally gives a Case Presentation in the final semester of Internship. The Case Presentation derives from the student’s Internship and consists of 1) a brief demographic description of a client with whom the student worked, 2) a brief diagnostic description of the problem the client presented with, 3) an overview of the theoretical approach used by the student, 4) a treatment plan formulation, 5) a summary of the sessions, and 6) the treatment outcome. This is a verbal presentation only and it is assessed simply as pass or fail. The Case Presentation is used to *demonstrate the appropriate application of a counseling theory to a specific problem.*

A rubric and score will be implemented for this criterion. It is likely students will continue to pass and meet this criterion, but scoring will give faculty more information to evaluate the program.

**Additional comments:**

**NMHU Trait Summary**

NMHU Trait	Data points =/> criteria	Data points below criteria	Total Data Points	% Data points =/> criteria
Mastery of Content Knowledge and Skills				

Critical and Reflective Thinking Skills				
Effective Communication Skills				

**Summary of Goals**