

ASSESSMENT PLAN

Health

(Instructional Degree Program)

B.A.

(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in Health major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in health education, health promotion and wellness, pre-professional health, and pre-professional athletic training.

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

Effective Use of Technology

First Means of Assessment for Outcome 2:

1. Health Education students: HLTH 402, majority of the students get at least 80% on two presentations to the class. 2. Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 3. Pre-professional Health students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 4. Pre-professional Athletic Training students: HLTH 370, HLTH410, HLTH 411, majority of the students pass the lab portion of this class with at least an 80%.

Second Means of Assessment for Outcome 2:

Pre-professional Health students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado.

Third Means of Assessment for Outcome 2:

Pre-professional Athletic Training students: HLTH 370, HLTH410, HLTH 411, majority of the students pass the lab portion of this class with at least an 80%.

Assessment for Outcome 2:

1. Health Education students from HPS 410, were used (n=9) as indicators of the SLO2 with only 4 students meeting the passing criteria of 80% in their class project requisite. Five students did not make the aforementioned criteria.

Student Learning Outcome 3:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 3:

1) Health Education students: HLTH 151, majority of the students get an average of at least 70% on various response papers; HLTH 402, majority of the students get at least 80% on two PowerPoint presentations. 2) Health Promotion and Wellness students: HLTH 489, majority of the students pass the lab portion of the course with Mr. Delgado. 3) Pre-professional Health students: HLTH 402, majority of the students get at least 80% on two PowerPoint presentations. HLTH 489, majority of the students pass the lab.

Utilization of results:**Improvements/Modifications to Program:**