

ASSESSMENT PLAN

Human Performance and Sport Undergraduate
(Instructional Degree Program)

B.A.
(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

- Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in HPS major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in exercise science, recreation management, and physical education.

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

- Effective Communication Skills

First Means of Assessment for Outcome 2:

1) Exercise Science students: a majority of students receive a 24/30 on the final project in HPS 421 and HPS 476. 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in HPS 461 and HPS 409. 3) Physical Education students: a majority of students receive a 24/30 on the final project in HPS 350 and HPS 495.

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

- Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 3:

1) Exercise Science students: a majority of students receive a 24/30 on papers and presentations in HPS 372 and HPS 376. 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in HPS 461 and HPS 409. 3) Physical Education students: a majority of students receive a 24/30 on the final project in HPS 387 and HPS 468.

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

- Effective Use of Technology

First Means of Assessment for Outcome 4:

1) Exercise Science students: a majority of students will receive a 24/30 on final papers in HPS 405 and HPS 476. 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final paper in HPS 461 and HPS 409. 3) Physical Education students: a majority of students receive a 24/30 on the final project in HPS 350 and HPS 495.

Utilization of Results:

Changes to Program Based on Results:

Retention Strategies: