

Luna Community College
Bachelor of Arts Human Performance

Luna Community College

Bachelor of Arts Health

Luna Community College & New Mexico Highlands University (NMHU)
Program of Study (128 Credits)

NMHU: Bachelor of Arts in HPS with a concentration in Exercise Science or Bachelors of Art in Health with an track in Health Promotion and Wellness

Transfer Agreement

March 24, 2011

Students completing the Associate of Applied Science Degree in Sports Performance at Luna Community College can apply those credits and courses as identified below directly toward graduation requirements of the Bachelors of Art in Human Performance and Sport with a Concentration in Exercise Science or Bachelors of Art in Health with a Concentration in Health Promotion and Wellness at New Mexico Highlands University.

Luna Community College: Associates of Applied Science in Sports Performance

I. LCC General Education Requirements (35 Credits)

Area 1: 9 credits

Area 2: 3 credits- must include Math 140 College Algebra or equivalent

Area 3: 8 credits

Area 4: 6 credits

Area 5: 9 credits

II. LCC AAS Requirements (30 Credits)

<u>Course No.</u>	<u>Course Title</u>	<u>Credits</u>
HPS 115	First Aid and CPR for Sport	3
HPS 120	Introduction to Sports Performance & Nutrition	3
HPS 125	Introduction to Sports Psychology	3
HPS 150	Fundamentals of Coaching	3
HPS 210	Administration & Evaluation	3
HPS 245	Sports Leadership	3
HPS 295	Sports Performance Capstone	3
9 hours	of approved electives	9

III. NMHU Major Requirements

BA in HPS with Concentration in Exercise Science Requirements (32 Credits)

<u>Course No.</u>	<u>Course Title</u>	<u>Credits</u>
Gen PE 100	Fit for Life	2
HPS 370	Kinesiology	3
HPS 376	Exercise Physiology	3
HPS 410	Measurement and Evaluation	3
Hlth 489	Fitness/Wellness Program Leadership	3
HPS 405	Body Composition	3
HPS 472	Biomechanics of Sport	3

APR 04 REC'D

HPS 421	Designs for Fitness	3
HPS 428	Nutrition & Supplements in Sport	3
HPS 476	Stress Testing	3
HPS 430	ACSM Health Fitness Instructor Review	3
Or		
HPS 432	NCSA Stretch Coach Review	3

BA in Health with Track in Health Promotion & Wellness Requirements (32 credits)

<u>Course No.</u>	<u>Course Title</u>	<u>Credits</u>
Gen PE 100	Fit for Life	2
Hlth 151	Personal & Community Health	3
Hlth 3/400	Health Elective	3
Hlth 402	US-Mexico Border Health	3
Hlth 421	Epidemiology	3
Hlth 489	Fitness/Wellness Program Leadership	3
HPS 334	Practicum	3
HPS 370	Kinesiology	3
HPS 376	Exercise Physiology	3
HPS 410	Measurement & Evaluation	3
HPS 476	Stress Testing	3

IV. NMHU Upper Division Electives (300 or 400 level) (21 - 24 Credits)

BA in HPS with concentration in Exercise Science = 21 credits

BA in Health with track in Health Promotion & Wellness = 24 credits

V. Other Electives (6-9) may be taken at LCC or NMHU

BA in HPS with concentration in Exercise Science = 6 credits

BA in Health with track in Health Promotion & Wellness = 9 credits

NMHU Requirements

- Courses not completed with a letter grade of C or better may not count toward completion of NMHU requirements.
- Students graduating from LCC with an Associate of Applied Science in Sports Performance are waived from NMHU's Physical Education (2 credit hours) and English Literature (3 credit hours), Computer Proficiency requirement (3 credit hour) and Language Other than English (8 credit hour) requirement.
- Students completing an Associate of Applied Science in Sports Performance must apply for admission to NMHU to continue the Bachelors of Art. Students may apply to NMHU and begin the Bachelors of Art program prior to completing the Associate of Applied Science in Sports Performance program.
- In addition to completing an Associate of Applied Science in Sports Performance must earn a letter grade of C or better in College Algebra.
- Students completing the Bachelor of Art in Human Performance and Sport with an emphasis of Exercise Science or Bachelor of Art in Health in the Health Promotion and Wellness track must complete a minimum of 128 credit hours with a GPA of 2.0 or better in order to earn the degree. In addition, students must complete a minimum of 51 credits at the upper division level.

This agreement will be reviewed by LCC and NMHU annually.

LUNA COMMUNITY COLLEGE

Signature

Printed Name RAND KENNEDY

Date 4/4/11

Signature

Printed Name

Date

Signature

Printed Name Vidal Martinez
Vice President of Academic Affairs

Date April 4, 2011

Signature

Printed Name PETE CAMPOS, EDD
LCC President

Date APRIL 06. 2011

NEW MEXICO HIGHLANDS UNIVERSITY

Signature

Printed Name KATHY JEVENS
Chair, Department of Exercise and Sport Sciences

Date 4/13/11

Signature

Printed Name Roy Lujan
Dean, College of Arts and Sciences

Date 5/5/11

Signature

Printed Name Gilbert D. Rivera
Vice President of Academic Affairs

Date 5/5/11

Signature

Printed Name James Fries
NMHU President

Date 5/4/11