

**Assessment Plan
2017-2018**

Human Performance and Sport Undergraduate

(Instructional Degree Program)

B.A.

(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

- Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in HPS major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in exercise science, recreation management, and physical education.

1) Summary of data:

Number of Students Meeting Criterion:	18	Number of Students Not Meeting Criterion:	6
Total Number of Students Assessed:	24	Percent of Students Meeting Criterion:	75%

Interpretation of Results for Outcome 1

This does not call for changes to what the department is doing as a whole. 75% is not an optimal number, but overall the N of 24 is low. Those 24 students may not be representative enough to make a clear assessment leading to program changes. It is still a “majority.”

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

- Effective Communication Skills

First Means of Assessment for Outcome 2:

A majority of students will receive an 80% or above on their Exercise Physiology paper in HPS 376.

1) Summary of data:

Number of Students Meeting Criterion:	36	Number of Students Not Meeting Criterion:	4
Total Number of Students Assessed:	40	Percent of Students Meeting Criterion:	90%

Interpretation of Results for Outcome 2

Ninety-percent is excellent. No changes needed.

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

- Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 3:

A majority of students will receive an 80% or above on their laboratories in HPS 370 Kinesiology.

Summary of data:

Number of Students Meeting Criterion:	50	Number of Students Not Meeting Criterion:	8
Total Number of Students Assessed:	58	Percent of Students Meeting Criterion:	86.2%

Interpretation of Results for Outcome 3

Eighty-six percent is excellent. No changes needed.

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

- Effective Use of Technology

First Means of Assessment for Outcome 4:

A majority of students will receive an 80% or above on their laboratories in HPS 410 Measurement and Evaluation.

Summary of data:

Number of Students Meeting Criterion:	26	Number of Students Not Meeting Criterion:	16
Total Number of Students Assessed:	42	Percent of Students Meeting Criterion:	61.9%

Interpretation of Results for Outcome 4

Sixty-one percent is a “majority” but upon further examination of the class the syllabus was adjusted to separate “labs” (in-class assignments) from “student assignments” (assignments to completed at home). This reduced the large emphasis of putting all student completed assignments in one pool. It is believed that work completed under the direct supervision of the instructor will improve performance.