

ASSESSMENT PLAN

Human Performance and Sport Graduate
(Instructional Degree Program)

M.A.
(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.5 or above in the HPS graduate coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in health education, health promotion and wellness, pre-professional health, and pre-professional athletic training.

Summary of data:

Number of Students Meeting Criterion:	7	Number of Students Not Meeting Criterion:	1
Total Number of Students Assessed:	8	Percent of Students Meeting Criterion:	87.5%

Interpretation of Results for Outcome 1

ESS continues to meet or exceed this benchmark. We believe that in addition to high quality teaching, our students receive a great deal of personal attention in the traditional small class environment at Highlands and within the Department of ESS.

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

Effective Use of Technology

First Means of Assessment for Outcome 2:

- 1) HPS students: a majority of students receive a 24/30 on the final papers in two of the Blackboard internet course electives.
- 2) HPS/Sport Administration students: a majority of students receive a 24/30 on the final project in HPS 561 and HPS 509.
- 3) HPS with an emphasis in Teacher Education students: a majority of students receive a 24/30 on the final project in HPS 604.

Summary of data: HPS 509

Number of Students Meeting Criterion:	2	Number of Students Not Meeting Criterion:	0
Total Number of Students Assessed:	2	Percent of Students Meeting Criterion:	100%

Interpretation of Results for Outcome 2

ESS continues to meet or exceed this benchmark. We believe that in addition to high quality teaching, our students receive a great deal of personal attention in the traditional small class environment at Highlands and within the Department of ESS.

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

Effective Communication Skills

First Means of Assessment for Outcome 3:

- 1) HPS students: a majority of students receive a 32/40 on the research proposal in HPS 620.
- 2) HPS/Sport Administration students: a majority of students receive a 24/30 on the final project in HPS 561 and HPS 509.
- 3) HPS with an emphasis in Teacher Education students: a majority of students receive a 32/40 on the research proposal in HPS 620.

Summary of data: HPS 509

Number of Students Meeting Criterion:	2	Number of Students Not Meeting Criterion:	0
Total Number of Students Assessed:	2	Percent of Students Meeting Criterion:	100%

Summary of data: HPS 620

Number of Students Meeting Criterion:	13	Number of Students Not Meeting Criterion:	3
Total Number of Students Assessed:	16	Percent of Students Meeting Criterion:	81.25%

Interpretation of Results for Outcome 3

ESS continues to meet or exceed this benchmark. We believe that in addition to high quality teaching, our students receive a great deal of personal attention in the traditional small class environment at Highlands and within the Department of ESS. The 81% for HPS620 may be lower than desired as the expected standard is relatively high.

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 4:

1) Thesis and Field Project Students: A majority of students will receive an average of 2 or better on their oral presentation for their field project/thesis. 2) Comprehensive Exam Students: The passing rate on comprehensive written examinations is 67% or above.

Summary of data:

Number of Students Meeting Criterion:	1	Number of Students Not Meeting Criterion:	0
Total Number of Students Assessed:	1	Percent of Students Meeting Criterion:	100%

Interpretation of Results for Outcome 4

The student who completed this thesis was very focused on successful completion of the thesis. The oral defense was excellent and the student was well prepared.