

ASSESSMENT PLAN

Health

(Instructional Degree Program)

B.A.

(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in Health major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in health education, health promotion and wellness, pre-professional health, and pre-professional athletic training.

1) Summary of data:

Number of Students Meeting Criterion:	13	Number of Students Not Meeting Criterion:	4
Total Number of Students Assessed:	17	Percent of Students Meeting Criterion:	75.4%

Interpretation of Results for Outcome 1

At 76.4 a “majority” of student met the first means of assessment. Of the remaining four students all were just slightly below the criterion of a 3.0 GPA.

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

Effective Use of Technology

First Means of Assessment for Outcome 2:

1. A majority of the students in Health 213 will successfully complete their nutrition project with an 80% or above. This project uses nutritional analysis software.

2) Summary of data:

Number of Students Meeting Criterion:	40	Number of Students Not Meeting Criterion:	13
Total Number of Students Assessed:	53	Percent of Students Meeting Criterion:	75.4%

Interpretation of Results for Outcome 2

A majority of student (75.4%) met or exceeded the standard for the means of assessment for outcome two. No changes are necessary.

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

Effective Communication Skills

First Means of Assessment for Outcome 3:

A majority of students in Health 151 receive a 80% or above on their final project.

1) Summary of data:

Number of Students Meeting Criterion:	24	Number of Students Not Meeting Criterion:	10
Total Number of Students Assessed:	34	Percent of Students Meeting Criterion:	70.5%

Interpretation of Results for Outcome 3

The classes met the criterion. The majority of students met or exceeded the 80% planned standard. These data change in normal fluctuation and remain a suitable standard. No changes are necessary.

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 4:

A majority of students in Health 402, US-Mexico Border Health receive an 80% or above on their final paper.

1) Summary of data:

Number of Students Meeting Criterion:	0	Number of Students Not Meeting Criterion:	0
Total Number of Students Assessed:	0	Percent of Students Meeting Criterion:	0

Interpretation of Results for Outcome 4

The department did not offer Health 402 during the evaluation time period. We have been teaching health courses as overloads for regular faculty and through the use of contingent/adjunct faculty. Since then we have hired one full-time, tenure track faculty member and are in the interview process for another.