

ASSESSMENT PLAN

Human Performance and Sport Graduate
(Instructional Degree Program)

M.A.
(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.5 or above in the HPS graduate coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in health education, health promotion and wellness, pre-professional health, and pre-professional athletic training.

Summary of data:

Number of Students Meeting Criterion:	9	Number of Students Not Meeting Criterion:	3
Total Number of Students Assessed:	12	Percent of Students Meeting Criterion:	75%

Interpretation of Results for Outcome 1:

At 75%, a majority of students met the first means of assessment. Of the remaining three students, all were just slightly below the criterion of a 3.0 GPA. No changes needed.

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

Effective Use of Technology

First Means of Assessment for Outcome 2:

- 1) HPS students: a majority of students receive a 24/30 on the final papers in two of the Blackboard internet course electives.
- 2) HPS/Sport Administration students: a majority of students receive a 24/30 on the final project in HPS 561 and HPS 509.
- 3) HPS with an emphasis in Teacher Education students: a majority of students receive a 24/30 on the final project in HPS 604.

Summary of data:

Number of Students Meeting Criterion:	7	Number of Students Not Meeting Criterion:	0
Total Number of Students Assessed:	7	Percent of Students Meeting Criterion:	100%

Interpretation of Results for Outcome 2:

At 100%, all students met the means of assessment of outcome two.

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

Effective Communication Skills

First Means of Assessment for Outcome 3:

- 1) HPS students: a majority of students receive a 32/40 on the research proposal in HPS 620.
- 2) HPS/Sport Administration students: a majority of students receive a 24/30 on the final project in HPS 561 and HPS 509.
- 3) HPS with an emphasis in Teacher Education students: a majority of students receive a 32/40 on the research proposal in HPS 620.

Summary of data:

Number of Students Meeting Criterion:	14	Number of Students Not Meeting Criterion:	3
Total Number of Students Assessed:	17	Percent of Students Meeting Criterion:	82.3%

Interpretation of Results for Outcome 3:

At 82.3%, the majority of students met the means of assessment of outcome three.

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 4:

1) Thesis and Field Project Students: A majority of students will receive an average of 2 or better on their oral presentation for their field project/thesis. 2) Comprehensive Exam Students: The passing rate on comprehensive written examinations is 67% or above.

Summary of data:

Number of Students Meeting Criterion:	8	Number of Students Not Meeting Criterion:	3
Total Number of Students Assessed:	11	Percent of Students Meeting Criterion:	72.7%

Interpretation of Results for Outcome 4

At 72.7%, a majority of students met the first means of assessment. Of the remaining students, two were just slightly below the criterion for comprehensive examinations. The third student failed comprehensive examinations. No changes needed.