

**ASSESSMENT PLAN
F2020 to S2021**

Human Performance and Sport Undergraduate
(Instructional Degree Program)

B.A.
(Degree Level)

Program Mission:

The mission of the Department of Exercise and Sport Sciences is to improve the quality of life related to the many aspects of human movement. We concentrate on a full spectrum of human potential, from young to old, fit to unfit, recreational to highly athletic, healthy to diseased, and able-bodied to disabled. Our programs are related to the study of exercise physiology, health, teaching, athletic injuries, recreation, sports administration, and coaching.

Student Learning Outcome 1:

Demonstrate a mastery of content knowledge in their appropriate discipline.

NMHU Traits Specifically Linked to Student Learning Outcome 1

Mastery of Content Knowledge and Skills

First Means of Assessment for Outcome 1:

A majority of graduating students receive a GPA of 3.0 or above in HPS major coursework. While GPA is not our typical “means” for assessing our program outcomes, we use GPA in this instance as a benchmark for our own internal assessments of students’ overall exit performance from our program. This program includes emphasis areas in exercise science, recreation management, and physical education.

Summary of data:

| | | | |
|---------------------------------------|-----------|---|--------------|
| Number of Students Meeting Criterion: | 13 | Number of Students Not Meeting Criterion: | 4 |
| Total Number of Students Assessed: | 17 | Percent of Students Meeting Criterion: | 76.4% |

Interpretation of Results for Outcome 1

At 76.4%, a majority of students met the first means of assessment. No changes needed.

Student Learning Outcome 2:

Demonstrate the ability to use technology to enhance professional productivity.

NMHU Traits Specifically Linked to Student Learning Outcome 2

Effective Use of Technology

First Means of Assessment for Outcome 2:

- 1) Exercise Science students: a majority of students receive a 24/30 on the final project in EXSC 4210 and EXSC 4760.
- 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in EXSC 4610 and EXSC 4090.
- 3) Physical Education students: a majority of students receive a 24/30 on the final project in EXSC 3500 and EXSC 4950.

Summary of data:

| | | | |
|---------------------------------------|-----------|---|--------------|
| Number of Students Meeting Criterion: | 46 | Number of Students Not Meeting Criterion: | 6 |
| Total Number of Students Assessed: | 52 | Percent of Students Meeting Criterion: | 88.4% |

Interpretation of Results for Outcome 2:

A faculty member left during this time and another was on sick leave. We weren't able to reliably capture all of the data for two of these classes. These data are only the most reliable for the time period.

At 88.4%, a majority of students met or exceeded the standard for the means of assessment for outcome two. No changes are necessary.

Student Learning Outcome 3:

Demonstrate effective interpersonal communication skills.

NMHU Traits Specifically Linked to Student Learning Outcome 3

Effective Communication Skills

First Means of Assessment for Outcome 3:

- 1) Exercise Science students: a majority of students receive a 24/30 on papers and presentations in EXSC 3720 and EXSC 3760.
- 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final project in EXSC 4610 and EXSC 4090.
- 3) Physical Education students: a majority of students receive a 24/30 on the final project in EXSC 3870 and EXSC 4680.

Summary of data: 4610 5 of 6

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|---------------------------------------|-----------|---|--------------|
| Number of Students Meeting Criterion: | 55 | Number of Students Not Meeting Criterion: | 9 |
| Total Number of Students Assessed: | 64 | Percent of Students Meeting Criterion: | 85.9% |

Interpretation of Results for Outcome 3:

A faculty member left during this time and another was on sick leave. We weren't able to reliably capture all of the data for two of these classes. These data are only the most reliable for the time period.

At 85.9%, a majority of students met or exceeded the standard for the means of assessment for outcome three. No changes are necessary.

Student Learning Outcome 4:

Demonstrate critical and reflective practices.

NMHU Traits Specifically Linked to Student Learning Outcome 4

Critical and Reflective Thinking Skills

First Means of Assessment for Outcome 4:

- 1) Exercise Science students: a majority of students will receive a 24/30 on final papers in EXSC 4050 and EXSC 4760.
- 2) Recreation and Sport Management students: a majority of students receive a 24/30 on the final paper in EXSC 4610 and EXSC 4090.
- 3) Physical Education students: a majority of students receive a 24/30 on the final project in EXSC 3500 and EXSC 4950.

Summary of data: 4610 5 of 6

| | | | |
|---------------------------------------|----------|---|--------------|
| Number of Students Meeting Criterion: | 5 | Number of Students Not Meeting Criterion: | 1 |
| Total Number of Students Assessed: | 6 | Percent of Students Meeting Criterion: | 83.3% |

Interpretation of Results for Outcome 4:

A faculty member left during this time and another was on sick leave. We weren't able to reliably capture all of the data for two of these classes. These data are only the most reliable for the time period.

At 83.3%, a majority of students met or exceeded the standard for the means of assessment for outcome four. No changes are necessary.