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NEW MEXICO LICENSE # PSY 1292

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New Mexico Highlands University, Box 9000
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Relevant Work Experience

- 2018 - CURRENT Associate Professor, Psychology
New Mexico Highlands University, Las Vegas, NM
- 2013 – 2018 Assistant Professor, Psychology
New Mexico Highlands University, Las Vegas, NM
- Fall 2012 Visiting Professor, Social and Behavioral Sciences (Psychology)
New Mexico Highlands University, Las Vegas, NM
- 2009 – 2012 Clinical Psychologist/Neuropsychologist, VA Palo Alto Healthcare System,
Inpatient Polytrauma Rehabilitation Unit/Comprehensive Rehabilitation Unit

Education

- 2008 – 2009 Postdoctoral Fellowship in Neuropsychology, Departments of Neurology &
Psychiatry, University of California, San Francisco
- 2006 – 2007 Neuropsychology Intern, APA Accredited Internship, Department of Veterans
Affairs Palo Alto Healthcare System
- 2003 – 2007 Ph.D., Clinical Science (Psychology), APA Accredited Doctoral Program,
University of Southern California
- 2001 – 2003 M.A., Clinical Science (Psychology), University of Southern California
- 1996 – 2000 B.S., Florida State University (Double Major: Psychology & Creative Writing),
Summa Cum Laude, with Honors

Publications

- Lovato, H.M.,* **Heflin, L.H.**, Romero, C.D.* (2021). Novel coronavirus pandemic stressors and the implications for increases in anxiety and depression. *Social Moments: A Student Journal of Social Relations*, 3, 1-21.
- Treacy, J.,* & **Heflin, L.** (2021). Neuropsychological functioning in athletes with untreated concussion at moderate elevation. *The Journal of Sport & Exercise Science*, 5(1), 77-91.
doi.org/10.36905/jses.2021.01.10

- Pan, D., Huey, S.J., & **Heflin, L.H.** (2017). Ethnic differences in response to directive vs. non-directive brief intervention for subsyndromal depression. *Psychotherapy Research*, DOI: [10.1080/10503307.2017.1325023](https://doi.org/10.1080/10503307.2017.1325023) .
- Zheng, L., Mack, W. J., Chui, H., **Heflin, L. H.**, Mungas, D., Reed, B., DeCarli, C, Weiner, M.W., Kramer, J.H. (2012). Coronary artery disease is associated with cognitive decline independent of MRI changes in cognitively normal elderly. *Journal of the American Geriatrics Society*, *60*, 499-504.
- Heflin, L.H.**, Laluz, V., Jang, J, Ketelle, R., Miller, B.L., Kramer, J.H. (2011). Let's inhibit our excitement: The relationships between Stroop, behavioral disinhibition, and the frontal lobes. *Neuropsychology*, *25*, 655-65.
- Heflin, L.H.**, Meyerowitz, B.E., Hall, P., Lichtenstein, P., Johansson, B., Pedersen, N.L., Gatz, M. (2005). Response to Grant. *Journal of the National Cancer Institute*, *97*, 1550.
- Heflin, L.H.**, Meyerowitz, B.E., Hall, P., Lichtenstein, P., Johansson, B., Pedersen, N.L., Gatz, M. (2005). Re: Cancer a risk for cognitive decline: a house built on shifting sand. *Journal of the National Cancer Institute*, *97*, 1550-1.
- Heflin, L.H.**, Meyerowitz, B.E., Hall, P. Lichtenstein, P., Johansson, B., Pedersen, N.L., Gatz, M. (2005). Cancer as a risk factor for long-term cognitive deficits and dementia. *Journal of the National Cancer Institute*, *97*, 854-6.
- Oh, S., **Heflin, L.**, Meyerowitz, B.E., Desmond, K.A., Rowland, J.H., & Ganz, P.A. (2004). Quality of life of breast cancer survivors after a recurrence: A follow-up study. *Breast Cancer Research and Treatment*, *87*, 45-57.

Publications Under Review or in Preparation

- Apple, A.C., Lindberg, C., Landau, S.M., Jagust, W.J., Kramer, J.H., Rugo, H.S., & **Heflin, L.H.** (2021). Longitudinal trajectories of memory performance in cancer patients. [Manuscript under review]. Department of Neurology, University of California at San Francisco.
- Lovato, H.M.,* Armijo, B.V.,* **Heflin, L.H.** (2021). Influence of psychosocial coronavirus pandemic stressors on neuropsychological functioning. [Manuscript under review]. Department of Psychology, New Mexico Highlands University.
- Heflin, L.H.**, Kramer, J.H., Landau, S.M., Jagust, W.J., & Rugo, H.S. (2021). A structural equation modeling approach to examining the relationships between baseline subjective and objective memory function and psychological distress in breast cancer patients. [Manuscript in preparation]. Department of Psychology, New Mexico Highlands University.
- Lovato, H.M.,* Gill, A.,* **Heflin, L.H.** (2021). Executive functioning mediates the relationship between region of brain dysfunction and insight into cognitive functioning. [Manuscript in preparation]. Department of Psychology, New Mexico Highlands University.

Conference Presentations

- Chung, M., * **Heflin, L.H.** (2019, August). Risk factors of Internet Gaming Disorder in adults. *Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.*
- Mathis, E.,* & **Heflin, L.H.** (2019, April). Slow but steady: The relationship between psychomotor retardation and inhibition in neurodegenerative diseases. *Poster presented at the annual meeting of the Western Psychological Association, Pasadena, CA.*
- Gonzales, V.,* & **Heflin, L.H.** (2019, April). Maximizing participant retention: Lessons from a longitudinal intervention study. *Poster presented at the annual meeting of the Western Psychological Association, Pasadena, CA.*
- Dahl, A.,* & **Heflin, L.H.** (2019, April). Psychotherapeutic effects of brief Motivational Interviewing and health journal interventions. *Poster presented at the annual meeting of the Western Psychological Association, Pasadena, CA.*
- Gonzales, V., * **Heflin, L.H.** (2019, April). The effects of High Intensity Interval Training (HIIT) on cognitive functioning. *Poster presented at the annual meeting of the Southwestern Psychological Association, Albuquerque, NM.*
- Heflin, L.H.**, Kramer, J.H., Fang, S., DeLuca, A.N., Landau, S.M., Jagust, W.J., Rugo, H.S. (2017, April). Perceived versus measurable neuropsychological decline: a prospective longitudinal study of women with breast cancer. *Poster presented at the annual meeting of the Western Psychological Association, Sacramento, CA.*
- Treacy, J.,* & **Heflin, L.H.** (2017, April). The effects of altitude on concussions in college football players. *Poster presented at the annual meeting of the Western Psychological Association, Sacramento, CA.*
- Heflin, L.H.**, Kramer, J.H., Fang, S., DeLuca, A.N., Landau, S.M., Jagust, W.J., Rugo, H.S. (2016, April). Longitudinal change in self-reported trait anxiety among breast cancer patients. *Poster presented at the annual meeting of the Western Psychological Association, Long Beach, CA.*
- Abeyta, T.,* Mathis, E., DeHerrera, N., Trujillo, R., Allen, J., **Heflin, L.H.** (2015, May). Comparing first-generation and non-first-generation college students. *Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.*
- Gill, A.M.,* **Heflin, L.H.**, Williamson, I. (2015, May). Executive functioning mediates the relationships between region of brain dysfunction and insight into cognitive functioning. *Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.*
- Heflin, L.**, Gatz, M., Mack, W. (2015, February). Longitudinal neuropsychological functioning in cancer patients using a pre-cancer baseline neuropsychological assessment. *Poster presented at the annual meeting of the International Neuropsychological Society, Denver, CO.*
- Heflin, L.H.**, Fang, S., DeLuca, A.N., Melisko, M.M., Moasser, M., Park, J.W., et al. (2013, December). Prospective study of cognitive function in women with early stage breast cancer: Predictors of cognitive decline and relationship to cognitive complaints. *Poster presented at the San Antonio Breast Cancer Symposium, San Antonio, TX.*

- Heflin, L.H.**, Fang, S., DeLuca, A.N., Melisko, M.M., Moasser, M., Park, J.W., et al. (2013, June). Prospective study of cognitive function in women with early stage breast cancer: Relationship between perceived and measurable cognitive deficits. *Poster presented at the American Society of Clinical Oncology*, Chicago, IL.
- Rugo, H.S., **Heflin, L.H.**, Fang, S., Deluca, A.N., Melisko, M.M., Moasser, M., et al. (2013, June). Prospective study of cognitive function in women with early stage breast cancer: Predictors of cognitive decline. *Poster presented at the American Society of Clinical Oncology*, Chicago, IL.
- Heflin, L.H.**, Zheng, L., Kramer, J.H., Mack, W.J., Chui, H. (2009, April). Longitudinal changes in neuropsychological functioning and brain structure among cognitively intact individuals with vascular risk factors. *Paper presented at the annual meeting of the American Academy of Neurology*, Seattle, WA.
- Gooblar, J., **Heflin, L.H.**, Mack, W.J., Mungas, D., Reed, B., Weiner, M.W., Chui, H., Kramer, J.H. (2009, April). Effects of white matter hyperintensities and lacunar volume on a global measure of depression among older, nondemented individuals. *Paper presented at the annual meeting of the American Academy of Neurology*, Seattle, WA.
- Heflin, L.H.**, Laluz, V., Jang, J, Ketelle, R., Miller, B.L., Kramer, J.H. (2009, February). Let's inhibit our excitement: The relationships between Stroop, behavioral disinhibition, and the frontal lobes. *Poster presented at the annual meeting of the International Neuropsychological Society*, Atlanta, GA.
- Oh, S., Meyerowitz, B.E., **Heflin, L.**, Stanton, A.L., Rowland, J.H., Ganz, P.A. (2007, August). Partner's perceptions of breast cancer survivors' concerns: Does accuracy matter? In B.E. Meyerowitz & A.L. Stanton (Chairs), *Considering the Couple in Cancer Survivorship Research. Symposium conducted at the annual meeting of the American Psychological Association*, San Francisco, CA.
- Heflin, L.H.**, Meyerowitz, B.E., Hall, P., Mack, W., Gatz, M. (2007, March). Patterns of cognitive deficits in older adult long-term cancer survivors: A twin study. *Paper and poster presented at the annual meeting of the Society of Behavioral Medicine*, Washington, D.C.
- Oh, S., **Heflin, L.H.**, Meyerowitz, B.E., Stanton, A.L., Rowland, J.H., Ganz, P.A. (2007, March). Quality of life in partners of breast cancer patients following primary treatment. *Paper presented at the annual meeting of the Society of Behavioral Medicine*, Washington, D.C.
- Heflin, L.H.**, Meyerowitz, B.E., Gatz, M., Lambe, M., Hall, P., Lichtenstein, P. (2003, November). Cognitive functioning and dementia following cancer: A Swedish twin study. In M. Pentz, T.Blank, & M. Adamek (Chairs), *Cancer and Older Adult Special Interest Group: Cognitive and Psychological Issues. Symposium conducted at the annual meeting of the Gerontological Society of America*, San Diego, CA.
- Heflin, L.H.**, Oh, S., Meyerowitz, B.E., Rowland, J.H., Desmond, K.A., & Ganz, P.A. (2003, March). Quality of life of recurrent breast cancer patients: A longitudinal study. *Poster session presented at the annual meeting of the Society of Behavioral Medicine*, Salt Lake City, UT.

Teaching & Supervision Experience

2018 - current	Associate Professor, Psychology New Mexico Highlands University, Las Vegas, NM
2017 – current	Supervisor, SMART Recovery group/ HU-CARES Practicum New Mexico Highlands University, Las Vegas, NM
2017 – current	Supervisor, Psychology Graduate Student Clinical Theses New Mexico Highlands University, Las Vegas, NM
2013 – 2018	Assistant Professor, Psychology New Mexico Highlands University, Las Vegas, NM
Fall 2012	Visiting Professor, Social and Behavioral Sciences (Psychology) New Mexico Highlands University, Las Vegas, NM
2010 – 2012	Supervisor, Internship Training Program (Polytrauma Rehabilitation Center) VA Palo Alto, Palo Alto, CA
2009 – 2012	Coordinator, Neuropsychology Seminar VA Palo Alto, Palo Alto, CA
2008	Coordinator, Neuropsychology Seminar University of California, San Francisco, CA
2008 - 2009	Neuropsychological Assessment Supervision of Research Coordinators University of California, San Francisco, CA
Spring 2006	Program Coordinator, The Writing Program University of Southern California, Los Angeles, CA
2004 – 2006	Assistant Lecturer, The Writing Program University of Southern California, Los Angeles, CA
Spring 2000	Teaching Assistant, Physiological Psychology Laboratory Florida State University, Tallahassee, FL

Courses Taught

New Mexico Highlands University undergraduate courses:

- UNST 1010 – Integrative seminar (1 credit)
- PSY 1010 LC – Psychology & Society (3 credits)
- PSY 4080 – Drugs & Behavior (3 credits)
- PSY 4100 – Physiological Psychology (3 credits)
- PSY 4110 – Techniques in Physiological Psychology (1 credit)
- PSY 4350/5350 – ST: Health Psychology (3 credits)
- PSY 4350/5350 – ST: Writing for Social & Behavioral Sciences (2 credits)
- PSY 4750 – Abnormal Psychology & Literature (3 credits)

New Mexico Highlands University graduate courses:

- PSY 6050 – Memory & Cognition (3 credits)
- PSY 6080 – Introduction to Neuropsychology (3 credits)
- PSY 6210 – Advanced Social Psychology (3 credits)
- PSY 6340 – Practicum (variable credits)
- PSY 6510 – Professional Ethics & Issues (3 credits)
- PSY 6720 – Introduction to Counseling & Therapy (3 credits)
- PSY 6750 – Personality Assessment (3 credits)
- PSY 6810 – Neuropsychological Assessment (3 credits)

Clinical Experience

March 2009 – July 2012	Clinical Psychologist/Neuropsychologist, VA Palo Alto Healthcare System, Inpatient Polytrauma Rehabilitation Unit/Comprehensive Rehabilitation Unit
September 2007 – February 2009	Neuropsychological Assessment, Memory & Aging Center Department of Neurology, University of California, San Francisco
November 2007 – February 2009	Neuropsychological Assessment, Psychological Assessment Clinic Department of Psychiatry, University of California, San Francisco
September 2006 – August 2007	APA Accredited Internship, Neuropsychology Track VA Palo Alto Healthcare System
January 2005 – August 2005	Neuropsychological Assessment Department of Neurology, University of Southern California, Los Angeles, CA
September 2002 – August 2005	Older Adult Therapy Human Relations Center, University of Southern California, Los Angeles, CA
September 2003 – June 2005	Couples and Family Therapy Human Relations Center, University of Southern California, Los Angeles, CA
May 2003 – May 2004	Anxiety Disorders Research Assessment Human Relations Center, University of Southern California, Los Angeles, CA
August 2003 – May 2004	Living Zen & Wellness Group Student Counseling Center, University of Southern California, Los Angeles, CA
January 2002 – June 2002	Neuropsychological Assessment Department of Hematology & Oncology, Children’s Hospital, Los Angeles, CA
August 2000 – July 2001	Case Manager Core Behavioral Health Center, Cincinnati, OH

Committees/Service Activities

2021	Chair, Institutional Review Board (IRB), New Mexico Highlands University
2021	Search Committee for Assistant Professor in Cognitive Psychology, New Mexico Highlands University
2021	Search Committee for Assistant Professor in Clinical Psychology, New Mexico Highlands University
2019 to current	Psychology Graduate Program Coordinator, New Mexico Highlands University
2019 to 2020	Faculty Advisor, SUPPORT Club, New Mexico Highlands University
2019	Search Committee for Assistant Professor in Psychology, New Mexico Highlands University
2019	Chair, Search Committee for ½-time Professor of Clinical Psychology, New Mexico Highlands University
2018	Search Committee for Assistant Professor in Psychology, New Mexico Highlands University
2017 - 2020	Chair, Ballen Visiting Scholar Committee, New Mexico Highlands University
2017	Course Minimum Subcommittee of Academic Affairs Committee, New Mexico Highlands University
2017 - 2020	Program Review Subcommittees (Physics, Sociology/Anthropology/Criminal Justice, Computer Science, Forestry) of the Academic Affairs Committee, New Mexico Highlands University
2016 - Current	Student Behavioral Intervention and Support Team (SBIST) member, New Mexico Highlands University
2016 - 2020	Academic Affairs Committee, New Mexico Highlands University
2016 – 2020	Chair (since 2018), Undergraduate Appeals Subcommittee of Academic Affairs Committee, New Mexico Highlands University
2016 – Current	Institutional Review Board, New Mexico Highlands University
2015 – 2016	Search Committee for Assistant Professor in Social & Behavioral Sciences (Criminal Justice), New Mexico Highlands University
2014 – 2019	Psychology Undergraduate Program Coordinator, New Mexico Highlands University
2014 – 2017	Faculty Athletic Committee (Chair 2016-2017), New Mexico Highlands University

Fall 2014	Academic Affairs Committee (Serving for Warren Lail), New Mexico Highlands University
2014 – 2015	Search Committee for ½-Time Visiting Professor in Social & Behavioral Sciences (Psychology, Farmington campus), New Mexico Highlands University
2014 - 2015	Thesis Competition Committee, New Mexico Highlands University
2013 – 2015	2 Consecutive Search Committees for Assistant Professor in Social & Behavioral Sciences (Psychology), New Mexico Highlands University
2011 - 2012	Polytrauma Safety Committee, VA Palo Alto Healthcare System
2010 – 2012	Intern Seminar Committee (Co-chair from 2011 - 2012), VA Palo Alto Healthcare System

Honors & Awards

2015	Nominee, Professor of the Year, New Mexico Highlands University
2007	Cancer SIG Outstanding Student Research Abstract, Society of Behavioral Medicine, 28 th Annual Meeting & Scientific Sessions
2006	Final Summer Dissertation Fellowship Recipient
2003	Meritorious Student Poster Award, Society of Behavioral Medicine, 24 th Annual Meeting & Scientific Sessions
2001-2004	Trainee, Interdisciplinary Training Grant in Gerontology
2000	Graduation Summa Cum Laude, with Honors, Psychology, Florida State University
1999	Phi Beta Kappa

Professional Memberships

Association for Contextual Behavioral Science